Newark Parks and Recreation has plenty of exciting activities and events scheduled for you and your family to enjoy this Fall. We have hundreds of activities to choose from including arts, crafts, soccer leagues, adult fitness and not to mention our longstanding events including Newark’s premier fall event Community Day and the Halloween Parade. Perhaps you’d prefer a leisurely stroll in one of our 33 Parks and 650 acres of parkland or bike over 17 miles of trails to enjoy the fall foliage. In addition to just being fun, our parks, programs and services give all of us a chance to enrich our lives and promote a healthy lifestyle.

Newark Parks and Recreation is proud to serve the Newark Community for over 50 years.

Sincerely,
Joseph Spadafino
Director of Parks and Recreation
CITY OF NEWARK PARKS & RECREATION

F.A.Q.

WHAT DOES RDF STAND FOR?

RDF stands for Resident Discounted Fee. The Parks and Recreation Department strives to provide quality and affordable recreation opportunities to the community. In recognizing that City of Newark residents support our department along with other city services through their city taxes, residents are offered a discounted fee. Non-residents will pay the regular fee for programs. If you’re unsure about resident status, you may call the Parks and Recreation Department at (302) 366-7000.

AM I A NEWARK RESIDENT?

Newark residents live within the corporate city limits. Not all persons with Newark mailing addresses live within the city limits. If you receive a City of Newark electric bill, you are a Newark resident. Not sure? The Parks and Recreation staff will be able to assist you at (302) 366-7000. Those persons not living within the city limits are welcome to enjoy our activities at the fee listed.

DOES THE CITY OF NEWARK OFFER FINANCIAL ASSISTANCE?

The City of Newark is committed to providing recreational opportunities to everyone without regard to economic circumstances. For this reason, a fee assistance program for City residents is available for qualifying individuals (youths and adults). If you are interested in finding out more about the program, you are encouraged to contact Paula Ennis, Deputy Director, at the Parks and Recreation office for more information at (302) 366 - 7000. All inquiries and requests are strictly confidential. Funding for this program has been secured through the Federal Community Development Block Grant and is available on a limited basis.

WHAT IS THE JAMES F. HALL YOUTH SCHOLARSHIP FUND?

The City and family and friends of Jim Hall have established a scholarship to honor his memory and recognize his great contribution to the Newark community. Jim Hall was the City's first Parks and Recreation Director, an outdoorsman and a conservationist. He founded our Summer Playground and Rittenhouse Camp programs to share his love of nature with Newark’s young people. The purpose of the scholarship is to provide tuition assistance to youth who would otherwise be unable to participate in our activities and programs. For more information call the Parks and Recreation office at (302) 366-7000. All inquiries and application materials are strictly confidential.

WHAT IS THE ANDY DONOVAN SCHOLARSHIP?

Andy Donovan was born on April 15, 1983 in Newark, Delaware. As a member of the Newark Parks and Recreation basketball program, he was the personification of sportsmanship. Not only was he an elite athlete, Andy was caring, bright, and dedicated. Very often Andy would bypass achieving a personal milestone to help improve younger and less talented children around him. Andy passed away in January of 2012 and this scholarship was established in his memory and to his commitment to sportsmanship and to Newark Parks and Recreation youth programs. The purpose of this scholarship is to provide tuition assistance to youth who would otherwise be unable to participate in our activities and programs. For more information call the Parks and Recreation office at (302) 366-7000. All inquiries and application materials are strictly confidential.

SUGGESTIONS OR COMMENTS?

If you have a suggestion or comment regarding the Newark Parks and Recreation Department, please let us know. You may contact the department by phone at (302) 366-7000, parksrec@newark.de.us, or by mail at 220 South Main Street, Newark, DE 19711.
EMPLOYMENT OPPORTUNITIES

The Parks and Recreation Department is continuously in search of recreation leaders and instructors with special skills and interests, as well as seasonal park maintenance personnel. The department offers part-time temporary employment opportunities in a wide variety of program areas. We accept seasonal applications for the following positions:

- LIFEGUARDS & SWIM INSTRUCTORS
- BEFORE & AFTER SCHOOL CENTER
- PARK MAINTENANCE
- SOCCER INSTRUCTORS
- TENNIS INSTRUCTORS
- BASKETBALL INSTRUCTORS
- BASKETBALL REFEREES
- CATCH RECREATIONAL LEADERS

In addition, if you have a special talent and would like to share it with others by instructing a class, please contact the Parks and Recreation Department. We’re open to new and interesting ideas. Examples of instructional classes include handmade crafts, cooking, pottery, music, dance, tennis and hobbies. For additional information on our employment opportunities, call (302) 366-7000 or visit www.newarkde.gov/play.

VOLUNTEER OPPORTUNITIES

The Parks and Recreation Department has many volunteer opportunities available to you! From teens through older adults, volunteers assist with special events, programs, summer camps, and are vital in taking care of our parks! More information, opportunities and volunteer applications are available online at www.newarkde.gov/play. We look forward to working with you.

THANK YOU FOR VOLUNTEERING!

The City of Newark Parks and Recreation Department would like to thank the many people who volunteer their time and expertise to assist with special events, coach teams, lend a hand in community service, and assist in leading programs. Volunteers contribute toward making Newark a better community to live, learn, work and play.

YOUTH SPORTS LEAGUE COACHES

PRESCHOOL & YOUTH ACTIVITIES

OFFICE ASSISTANCE

PARK & TRAIL MAINTENANCE

ADOPT - A - PARK / TRAIL

COMMUNITY EVENTS
- Fall Community Events
- National Day of Service
- Newark Community Day
- Harvest Festival
- Fall Community Clean Up
- Halloween Parade
- Halloween Party at GWC
- NewBark PawLooza
- Turkey Trot 5k / 10k Race
- Thanksgiving Day Breakfast
- Snack With Santa
CITY OF NEWARK PARKS & RECREATION

HOW TO REGISTER

CREDIT/TRANSFER/REFUND POLICY
1. Registrants will receive a full refund if the program is cancelled by Newark Parks and Recreation.
2. If you are unable to attend an activity, contact us within 24 hours prior to the start of the program and we will do one of the following:
   A. Credit your account the amount paid. (Credits are good for one year from the date of credit).
   B. Transfer you to another activity.
   C. Refund you the amount paid less a processing fee of $10 or 10% of the cost of the program, whichever is greater. If you are not satisfied with an activity we would like to know why. Please contact us within 5 business days after the last activity meeting (please see a,b,c above).

3. Credits and Refunds do not apply to trips, events and adult sports leagues.
4. Additional trip policies are located in the trip section of your e-newsletter.
5. Allow three to four weeks for processing refunds.

WAITING LIST
If an activity is filled, ask to be placed on a waiting list. Additional sections may be offered.

OTHER IMPORTANT INFORMATION
1. The City of Newark does not carry medical insurance coverage for those people participating in city sponsored activities or using city parks or facilities.
2. Children may not accompany adults to activities designated for adult participation.
3. Persons found falsifying registration information will be dismissed from the activity and no refund will be issued.

4. Additional trip policies are located in the trip section of your e-newsletter.
5. Allow three to four weeks for processing refunds.

CANCELLATIONS
1. Newark Parks and Recreation reserves the right to cancel an activity due to insufficient registration.

HOW TO REGISTER
The Parks and Recreation Department has four easy ways to register Registration forms will be processed in the order that they are received.

ONLINE
www.newarkde.gov/play

FAX
(302) 366-7169

WALK-IN
City of Newark Municipal Complex, First Floor, Office Hours: Monday - Friday 8:30 a.m. - 5:00 p.m. 220 South Main Street Newark, DE 19711

BY MAIL
Newark Parks and Recreation
220 South Main Street Newark, DE 19711

PLEASE MAKE MONEY ORDERS OR CHECKS PAYABLE TO CITY OF NEWARK. WE ALSO ACCEPT DISCOVER, VISA AND MASTERCARD AND AMEX.
CITY OF NEWARK PARKS & RECREATION

TRAFFIC ISLAND
BEAUTIFICATION PROGRAM

The Parks and Recreation Department would like to extend a unique opportunity to you and your business. We invite you to take part in helping to beautify our community and allow your business to be seen on roads heavily traveled by residents and visitors. To show your support, an island beautification sign is placed on a site with your business name printed on it. With the completion of DelDOT’s improvements to South Main Street there are many sites available. For more information, please call the Recreation office at (302) 366-7000.
CITY OF NEWARK PARKS & RECREATION
ADOPT-A-PARK
CLEAN UP PROGRAM

The City of Newark has 17 miles of trails and 36 parks totaling over 650 acres of parkland. Newark’s Parks and Recreation Department is offering local civic, social, school and family groups an opportunity for direct stewardship of our park, stream and trail areas. The Adoption program asks that your group pick up litter at the agreed upon park area at least one time each month. Trash bags will be provided. The Parks and Recreation Department can provide a list of parks or stream areas to select from. Other care or improvement options are possible, such as horticultural plantings or stream bank erosion protection. For more information, contact the Parks and Recreation Office at (302) 366-7000 or parksvolunteers@newark.de.us.

- Curtis Mill Park | Methvin Family
- Dorothy Miller Park | Energy & Environmental Policy Student Association
- Elan Park | Ostertag & Stretch Family
- Fairfield Park | Graduate Student Government
- Fairfield Crest Park | Conkey Family
- Folk Park | Kindness Matters in Delaware Youth Group & Adam Morris
- George Wilson Center | Holy Angels
- George Read Park | Kuclenski Family
- Hidden Valley Park | Menzer Family
- James F. Hall Trail | The College School
- Kells Park | Sigma Alpha Professional Agriculture Sorority & Bradley Family
- Lewis Park | Delaware Autism Program
- Lumbrook Park | Delaware School for the Deaf
- Mason Dixon Trail | Wilmington Trail Club
- Newark Reservoir | Community Systems Inc.
- Norma B. Handloff Park | Boy Scout Troop #56
- Olan Thomas Park | Troop 719 Girl Scouts of the Chesapeake Bay
- Old Paper Mill Park | Lambda Chi Alpha Fraternity
- Orville Clark Park | UD Community Engagement Ambassadors
- Phillips Park | Newark Center for Creative Learning
- Pomeroy & Newark Rail Trail | Tom Burke & Newark Natural Foods
- Rahway Park | The Moss Family
- Rittenhouse Park | Gallaher Family & Bancroft Family
- Stafford Park | McBride Family
Located at 303 New London Road (across from Clayton Hall), the GWC is Newark’s best-kept secret as a multi-purpose meeting space. The Main Hall has a seating capacity of 150 people. Each meeting room has a seating capacity of 20 people. Additional equipment is available for your unique needs, such as a big screen TV, DVD player, stage, podium, microphone and speaker. Food and refreshments are permitted; alcoholic beverages are prohibited. A kitchen is also available to keep your refreshments and meals at the optimum temperatures and to keep your rental room clutter free and clean.

RENTAL RATES

<table>
<thead>
<tr>
<th>ROOM</th>
<th>SHORT TERM  *</th>
<th>LONG TERM  **</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAIN HALL</td>
<td>$50/HR</td>
<td>$35/HR</td>
</tr>
<tr>
<td>MEETING ROOM</td>
<td>$30/HR</td>
<td>$25/HR</td>
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<tr>
<td>KITCHEN</td>
<td>$30/HR</td>
<td>$30/HR</td>
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</tbody>
</table>

* The Short-Term Rental Rate is any one-time rental.

** The Long-Term Rental Rate is available for those who book four or more rental reservation dates within a six (6) month time frame.

RENTALS MUST BE RESERVED IN PERSON
A $50 non-refundable deposit is due at time of reservation. For more rental information or to schedule an appointment, please contact the George Wilson Center by telephone at (302) 366-7000 or by email at gwc@newark.de.us.

BIRTHDAY PARTIES
Why worry about cleaning your house or planning party activities? Let us do the planning for you! The NEW Birthday Party Package at the George Wilson Center includes a two-hour party for your little one turning 4 – 12 years old. Let us know their favorite theme and Recreation Staff Leaders will provide a one-hour long program for up to 20 children including a take home craft and games. The second hour is for your group to eat, play and celebrate the birthday! Feel free to bring in your own food, cake, decorations or party favors! Please note that all parties are subject to availability of facilities. Reservations are required at least three weeks in advance of the party. For more rental information or to schedule, contact the George Wilson Center by telephone at (302) 366-7000 or email us at gwc@newark.de.us.

PARTY PACKAGE • $200
AGES 4 - 12

Set up and break down of tables and chairs.
Recreation Leaders to host take home craft and activities for one hour.
Craft supplies and equipment.
One hour for your group to eat, play and celebrate with family and friends.
George Wilson Center Coordinator or attendant will meet with you upon booking to discuss themes suitable for your child.
Building will be available to you for set up one hour prior to your party and half an hour after for clean up.
BEFORE & AFTER CARE

DOWNES & WEST PARK ELEMENTARY
Our before and after school programs offer children enriching learning opportunities in a fun environment and the ability to engage in a wide variety of activities. Activities include arts and crafts, indoor/outdoor play, games, homework help and special projects. As always, we try to meet the needs and interests of our participants. Suggestions are always welcome. This program is for Downes and West Park Elementary School students only. Before School Care will meet 7 - 8:30 a.m. and After School Care meets 3:15 - 6 p.m. One month’s tuition is due at the time of registration (form included at the back of brochure). Tuition is due on the first of each month and a late fee is assessed after the 10th of each month. You can sign up for recurring payments through the Parks and Recreation Office or pay online after initial registration is received. Monthly payments are made one month in advance of attendance. The program will not operate when schools are closed. State of Delaware information forms are required prior to your child attending. Purchase of Care is accepted at both sites.

BEFORE CARE

<table>
<thead>
<tr>
<th>Before Care</th>
<th>After Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $160 RDF: $150</td>
<td>Fee: $189 RDF: $179</td>
</tr>
<tr>
<td>Dates: Sep. 3 - June 15</td>
<td>Dates: Sep. 3 - June 15</td>
</tr>
<tr>
<td>Days: Mon. - Fri.</td>
<td>Days: Mon. - Fri.</td>
</tr>
<tr>
<td>Hours: 7 - 8:30 a.m.</td>
<td>Hours: 3:15 - 6 p.m.</td>
</tr>
</tbody>
</table>

SCHOOL'S OUT KID'S DAY OFF

AGES 5 - 12
A day off from school and adventure awaits! Join us for a day of fun activities, games (indoor and out, weather permitting) and crafts. Please pack a lunch, drink and snacks. One afternoon snack will be provided. Children must be currently enrolled in grades K - 6. Program hours are 9 a.m. - 5 p.m. Early drop off at 7:30 a.m. and late pickup by 5:30 p.m. is available. Don't miss out! Registration closes at 4 p.m. on the previous business day.

<table>
<thead>
<tr>
<th>Activity #</th>
<th>Dates:</th>
<th>Days:</th>
<th>Theme:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1319-309</td>
<td>Sep. 30</td>
<td>Mon.</td>
<td>Back to School Fun</td>
</tr>
<tr>
<td>1319-319</td>
<td>Oct. 9</td>
<td>Wed.</td>
<td>Color Me Crazy Fall Colors</td>
</tr>
<tr>
<td>1319-329</td>
<td>Nov. 1</td>
<td>Fri.</td>
<td>Halloween Fun</td>
</tr>
<tr>
<td>1319-339</td>
<td>Nov. 11</td>
<td>Mon.</td>
<td>Superheroes</td>
</tr>
<tr>
<td>1319-349</td>
<td>Nov. 14</td>
<td>Thu.</td>
<td>Thankful Thursday</td>
</tr>
<tr>
<td>1319-359</td>
<td>Nov. 15</td>
<td>Fri.</td>
<td>Favorite Animals</td>
</tr>
</tbody>
</table>

WEATHER?
For updates on activity cancellations call the leisure time hotline (302) 366-7147.
Teams interested in joining our winter volleyball leagues should submit a request to the Recreation Office. There are two divisions: Gender Blind B (Wednesdays) and A/BB (Thursdays). Please specify a division when registering. Last year’s teams will be given priority placement. New teams will be accepted on a first come, first served basis, as openings occur. League play will begin the week of Nov. 7 and end in March. A mandatory organizational meeting will be held Tuesday, Oct. 22 at 7:30 p.m. in the Newark Municipal Building, 220 South Main Street. For more information call the Recreation Office at (302) 366-7000.

CO - REC VOLLEYBALL

AGES 18 & OVER
Grab a friend and join other volleyball lovers for fun and fitness! All players must register in advance. All equipment is provided. Pick up teams are formed nightly for games.

Activity #: 3631-100 Fee: $75 RDF: $60
Dates: Jan. 7 - March 19
Days: Tue. & Thu.
Location: West Park Elementary

ADULT WINTER VOLLEYBALL LEAGUE

ADULT SOFTBALL CO-ED

The City of Newark is planning a Fall Co-ed softball league of up to 10 teams. Games will be scheduled on Sunday mornings. Games are played on local Newark fields. We will begin accepting requests for teams wishing to join the league on August 1. League fee is $325. Call the Recreation office for entry fee information. Send information to the Parks and Recreation Department, Attention: Recreation Supervisor of Athletics.

N.B.A. NEWARK BASKETBALL IN ACTION

AGES 18 & OVER
Looking for a great way to have fun and stay in shape for the fall & winter months? Join our drop-in basketball sessions. Teams are formed each day for informal games. All participants must register in advance

Activity #: 3630-309 Fee: $65 RDF: $49
Dates: Sep. 11 - Dec. 11
Days: Wed.
Location: Newark High

Activity #: 3630-100 Fee: $65 RDF: $49
Dates: Jan. 8 - March 25
Days: Wed.
Location: Newark High

PICKLEBALL

AGES 18 & OVER
Try one of the fastest growing sports in America! Pickleball is described as a combination of ping pong, tennis and badminton. It’s a great workout for players of all ages and most importantly tons of fun! We are pleased to announce the tennis court at the George Wilson Center now has lines painted for pickleball. Learn how to play the game at this introductory event. No experience necessary. No Paddle? No problem. Equipment will be provided if you do not bring your own.

Fee: FREE
Hours: 10 - 11:30 a.m.

MONDAY'S AT FOLK MEMORIAL PARK

THURSDAY'S AT THE GEORGE WILSON CENTER

Activity #: Dates: Activity #: Dates:
1618-309 Sep. 12 1618-339 Sep. 23
1618-319 Oct. 10 1618-349 Oct. 21
1618-329 Nov. 7 1618-559 Nov. 18
**BEGINNER SWIM**

AGES 5 - 12

In this introductory class, participants will learn the basic skills of water orientation including: blowing bubbles, bobs, submerge mouth, nose and eyes, floats and recovery, alternating arm action, supported kicking and jumps. This is NOT a parent/child program and participants must be comfortable leaving parent for the duration of the lesson.

Activity #: 0630-309  Fee: $72 RDF: $60
Location: Newark Senior Center

Activity #: 0630-319  Fee: $72 RDF: $60
Dates: Nov. 2 - Dec. 14  (no class 11/30)  Days: Sat.  Hours: 9 - 9:45 a.m.
Location: Newark Senior Center

**ADVANCED BEGINNER SWIM**

AGES 5 - 12

Participants will work on developing fundamental aquatic skills and independent performance of the basic skills: bob, floats, glides, flutter kick, jumps, front and back crawl, body alignment, turning over and body position and will begin work on rhythmic breathing. Prerequisites: Participants must be comfortable in the water and be able to perform an assisted back float for 3-5 seconds.

Activity #: 1630-309  Fee: $72 RDF: $60
Location: Newark Senior Center

Activity #: 1630-319  Fee: $72 RDF: $60
Dates: Nov. 2 - Dec. 14  (no class 11/30)  Days: Sat.  Hours: 10 - 10:45 a.m.
Location: Newark Senior Center

**INTERMEDIATE SWIM**

AGES 5 - 12

Participants will work on stroke development including introduction to deep water bobs, elementary breaststroke, butterfly kick and body motion and treading. Continued improvement in front and back crawl, glides and rotary breathing. Prerequisites: Must be able to swim independently on back and front for 5 yards, must be comfortable in deeper water.

Activity #: 1636-309  Fee: $72 RDF: $60
Location: Newark Senior Center

Activity #: 1636-319  Fee: $72 RDF: $60
Dates: Nov. 2 - Dec. 14  (no class 11/30)  Days: Sat.  Hours: 11 - 11:45 a.m.
Location: Newark Senior Center

**ADVANCED SWIM**

AGES 5 - 12

Participants will work on stroke improvement including introduction to breaststroke, open turns and flip turns. They can also expect continued improvement in front crawl with rotary breathing, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke. Prerequisites: Participants must be able to swim one pool length using front crawl and backstroke.

Activity #: 1631-309  Fee: $72 RDF: $60
Location: Newark Senior Center

Activity #: 1631-319  Fee: $72 RDF: $60
Dates: Nov. 2 - Dec. 14  (no class 11/30)  Days: Sat.  Hours: 12 - 12:45 p.m.
Location: Newark Senior Center
ARCHERY CLINIC

AGES 8 & OVER
CAROL PROTACK, NATIONAL CERTIFIED COACH
This archery clinic is designed to introduce the sport of archery. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. You will be hitting the bullseye in no time. Space is limited. Pre-registration is required by the Friday before the event.

Activity #: 1651-309  Fee: $40 RDF: $30
Dates: Sep. 23  Hours: 5:45 - 7:45 p.m.
Days: Mon.  Location: New Castle 100 Archers

BASIC INTRO TO ARCHERY

AGES 8 & OVER
CAROL PROTACK, NATIONAL CERTIFIED COACH
This introductory class will cover the basic fundamentals of archery. The beginning archer will learn safety rules, basic shooting techniques and about the different types of bows. Bare-bow style of archery instruction will be taught. This is the simplest bow set up and the best way to begin learning. All equipment will be provided. Please do not bring your own.

Activity #: 1652-309  Fee: $75 RDF: $58
Dates: Oct. 7 - 28  Hours: 5:45 - 7:15 p.m.
Days: Mon.  Location: New Castle 100 Archers

ADULT ARCHERY CLASS

AGES 20 & OVER
CAROL PROTACK
This archery class is designed to introduce the sport of archery to adults. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. You will be hitting the bullseye in no time.

Activity #: 3654-309  Fee: $78 RDF: $64
Dates: Nov. 4 - 25  Hours: 5:45 - 7:15 p.m.
Days: Mon.  Location: New Castle 100 Archers

ADULT GOLF LESSONS

AGES 18 & OVER
DEERFIELD GOLF CLUB STAFF
Join our group golf lessons for a week of learning the basic elements of the game including full swing on the driver and irons, chipping, putting and more! Space is limited, register early!

Activity #: 3646-309  Fee: $141 RDF: $124
Dates: Oct. 1 - 4  Hours: 5:30 - 6:30 p.m.
Days: Tue. Fri.  Location: Deerfield Golf & Tennis

FALL FUN GOLF

AGES 7 - 17
DEERFIELD GOLF CLUB STAFF
Fall into Fun and swing into golf! Deerfield Golf Club is offering a fall golf clinic that is sure to provide fun while learning the game of golf! The instructional program is designed to spend one hour each class working on a different element of the game. The clinic includes putting, chipping, pitching, full swing and more! Space is limited so be sure to sign up early!

Activity #: 1644-309  Fee: $141 RDF: $124
Dates: Sep. 4 - 25  Hours: 4:30 - 5:30 p.m.
Days: Thu.  Location: Deerfield Golf & Tennis Club

PARENT & CHILD GOLF

AGES 7 - 17
DEERFIELD GOLF CLUB STAFF
Tee up with your 7 - 17 year old! If you’re both beginners, you’ll learn the basics together; if you’re already a golfer, you can improve your game while your child gets a solid introduction to the sport. It’s a great way to spend time together, get some exercise and have fun! Fee covers one child and one adult; please register the child only. Each additional family member is $85.

Activity #: 1640-309  Fee: $210 RDF: $188
Dates: Aug. 29 - Sep. 26  (no class 9/12)
Days: Thu.  Hours: 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club
YOUTH SOCCER

AGES 7 - 12
Our youth soccer program is one in which boys and girls can have fun playing, learn about teamwork, develop individual skills and stay fit. We offer two levels of league play including the Elementary League (7 - 9 years) and the Junior League (9 - 12 years). The Elementary and Junior leagues consist of pre-season practices and scheduled games in which everyone plays. Standings are kept in the Junior league only, with each team qualifying for the playoffs. Players must meet age requirements as of November 1. Late registrations will not be guaranteed a spot on a specific team. Practices for the Elementary and Junior leagues begin the week of August 26 taking place on weeknight evenings and weekends. League play will begin September 14. Games will be scheduled on Saturdays, with Sunday afternoons used as rain dates. Players are encouraged to wear shin guards during practice sessions and games. Volunteer Coaches are needed to ensure a successful program. Coaches will receive half off registration for one child (limit two coaches per team).

ELEMENTARY SOCCER
Activity #: 1662-309  Fee: $70 RDF: $55
Dates: Aug. 26 - Nov. 2  Hours: 9 - 11 a.m.
Days: Sat.
Location: Fairfield Park

JUNIOR SOCCER
Activity #: 1663-309  Fee: $79 RDF: $65
Dates: Aug. 26 - Nov. 9  Hours: 9 - 11 a.m.
Days: Sat.
Location: Kells Park

LITTLE KICKERS
AGES 5 - 6
Each week, the Little Kickers will receive 30 minutes of practice/instruction from coaches followed by a game. The number of participants registered will determine the number of teams. Two games may be played simultaneously on two fields or back to back on one field. Participants will be broken up in advance and find out which team they are on the first day. We are looking for interested parents willing to assist in the practice/instruction of the teams and then be on the sidelines with the team during games.

Activity #: 0662-309  Fee: $65 RDF: $50
Dates: Sep. 14 - Oct. 19  Hours: 11:30 a.m. - 12:45 p.m.
Days: Sat.
Location: Handloff Park

TINY TOT SOCCER

AGES 3 - 4
A great introduction to a sport your child will love! Drills and fun activities are used to introduce and reinforce basic skills. We suggest that all children wear shin guards. This is an instructional program, not a league.

Activity #: 0601-309  Fee: $55 RDF: $40
Days: Sat.
Location: Handloff Park

SOCCEROOS
AGES 4 - 6
This program is a great introduction to the world's most popular sport! This class will be taught indoors and will focus on basic skill development such as dribbling, passing, receiving, shooting, and eye/foot coordination. We'll cover the basic rules and emphasize fun. We suggest that all children wear shin guards.

Activity #: 1603-100  Fee: $59 RDF: $45
Dates: Jan. 16 - Feb. 20  Hours: 6 - 7 p.m.
Days: Thu.
Location: McVey Elementary
Our recreational youth basketball program emphasizes participation, fun, sportsmanship and skill development. Practice sessions begin in November with game play from December to early March. Each team practices or plays twice weekly. Skills Session: Each league will be conducting their own skills session on October 22 prior to the start of the practices. All players registering for the basketball leagues must attend their league’s skills session. Previous year players to the league who register before the skills session can return to their team from last year. They don’t need to come to the skills session unless they request to be placed on a different team. Late registrations (after October 16) will not be guaranteed a spot on a specific team. At the skills session, players will go through a series of basketball drills. All skills sessions will be held at West Park Elementary School on Tuesday, October 22 (Jump Shot - 5:30 p.m., Elementary - 6:00 p.m., Junior - 6:30 p.m.). Volunteer Coaches are needed to ensure a successful program. Coaches will receive half off registration for one child (limit two coaches per team; refunded at the end of the season).

### JUMP SHOT BASKETBALL

#### 2ND & 3RD GRADERS
Games held Tuesdays & Thursdays

Activity #: 1667-309  Fee: $110 RDF: $95  
Dates: Nov. 18 - Mar. 5  
Days: Mon. - Thu.  
Location: West Park Elementary

### ELEMENTARY BASKETBALL

#### 4TH & 5TH GRADERS
Games held Mondays & Wednesdays

Activity #: 1655-309  Fee: $120 RDF: $100  
Dates: Nov. 18 - Mar. 5  
Days: Mon. - Thu.  
Location: Downes Elementary

### JUNIOR BASKETBALL

#### 6TH - 8TH GRADERS
Games held Mondays & Thursdays

Activity #: 2655-309  Fee: $140 RDF: $120  
Dates: Nov. 18 - Mar. 5  
Days: Mon. & Thu.  
Location: Newark High

### PINT SIZE BASKETBALL

#### AGES 4 - 7
Fun, teamwork, sportsmanship and learning the fundamentals of dribbling, passing, and shooting are the goals of this program. Scrimmage games will be played. All equipment is provided. Boys and girls are welcome. Gym shoes must be worn.

Ages 4 - 5  
Activity #: 0600-100  Fee: $69 RDF: $55  
Dates: Jan. 6 - Feb. 10  
Days: Mon.  
Location: McVey Elementary

Ages 6 – 7  
Activity #: 1600-100  Fee: $69 RDF: $55  
Dates: Jan. 6 - Feb. 10  
Days: Mon.  
Location: McVey Elementary

### YOUTH VOLLEYBALL

#### AGES 4TH - 8TH GRADE  
KEN CRANKER
Bump, set and spike! Find out what it’s all about as we introduce boys and girls to the basic and advanced fundamental skills of volleyball and team play. Each session will include instruction and drills to develop skills progressing toward the goal of game play. Players will be divided based on skill level.

Activity #: 2602-309  Fee: $79 RDF: $65  
Dates: Sep. 11 - Oct. 23  
Days: Wed.  
Location: West Park Elementary

### WE RUNEWARK YOUTH RUNNING PROGRAM

#### AGES 8 - 13
We will introduce kids to the pleasure of running through exciting physical activities and goal setting exercises while we explore some of Newark’s best running trails. Enhancing self-esteem, respecting authority, making wise choices and fueling & caring for our bodies properly will be covered. An optional 5K race will be included at the end of the program, Turkey Trot on 11/16 - see page 33. Let’s run this town!

Activity #: 1628-309  Fee: $87 RDF: $69  
Dates: Oct. 8 - Nov. 14  
Days: Tue. & Thu.  
Location: Newark Reservoir
TENNIS

Grab your racquet for the sport of a lifetime! How many other sports can be played by anyone at any age, at any time of year, and anywhere in the world? Whether you’re new to tennis or have played for years – we invite you to enjoy the game with us and other tennis lovers. Lessons provide students with basic tennis technique and skill development. The objectives for each class are to teach you new skills appropriate to your level of play and to improve your existing skills. Bring your own racquet or borrow one of our youth-sized racquets. Tennis shoes are required. We provide tennis balls. Bring water to class.

ADULT SESSIONS

Ages 16 & over Fee: $75 RDF: $58 Hours: 7:30 - 9 p.m.

BEGINNER/ADV BEGINNER

<table>
<thead>
<tr>
<th>Activity #:</th>
<th>Dates:</th>
<th>Days:</th>
<th>Location:</th>
</tr>
</thead>
<tbody>
<tr>
<td>3633-319</td>
<td>Sep. 12 - Oct. 17</td>
<td>Thu.</td>
<td>Fairfield Park</td>
</tr>
</tbody>
</table>

INTERMEDIATE/ADVANCED

<table>
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<tr>
<th>Activity #:</th>
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<th>Days:</th>
<th>Location:</th>
</tr>
</thead>
</table>

YOUTH SESSIONS

Ages 11 - 15 Fee: $75 RDF: $58 Hours: 5:45 - 7:15 p.m.

YOUTH BEGINNER/ADV BEGINNER

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<tr>
<th>Activity #:</th>
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<th>Days:</th>
<th>Location:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1633-319</td>
<td>Sep. 12 - Oct. 17</td>
<td>Thu.</td>
<td>Fairfield Park</td>
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</table>

YOUTH INTERMEDIATE/ADVANCED

<table>
<thead>
<tr>
<th>Activity #:</th>
<th>Dates:</th>
<th>Days:</th>
<th>Location:</th>
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</table>
### TEN & UNDER TENNIS

It’s a whole new ballgame for kids tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink.

**Ages 5 - 7**

<table>
<thead>
<tr>
<th>Activity #</th>
<th>Fee</th>
<th>RDF</th>
<th>Dates</th>
<th>Days</th>
<th>Hours</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1653-309</td>
<td>$69</td>
<td>RDF: $55</td>
<td>Sep. 10 - Oct. 15</td>
<td>Tue.</td>
<td>6 - 6:45 p.m.</td>
<td>George Wilson Center</td>
</tr>
<tr>
<td>1653-319</td>
<td>$69</td>
<td>RDF: $55</td>
<td>Sep. 12 - Oct. 17</td>
<td>Thu.</td>
<td>6 - 6:45 p.m.</td>
<td>George Wilson Center</td>
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</table>

**Ages 8 - 10**

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<tr>
<th>Activity #</th>
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<th>Days</th>
<th>Hours</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1653-329</td>
<td>$69</td>
<td>RDF: $55</td>
<td>Sep. 10 - Oct. 15</td>
<td>Tue.</td>
<td>7 - 8 p.m.</td>
<td>George Wilson Center</td>
</tr>
<tr>
<td>1653-339</td>
<td>$69</td>
<td>RDF: $55</td>
<td>Sep. 12 - Oct. 17</td>
<td>Thu.</td>
<td>7 - 8 p.m.</td>
<td>George Wilson Center</td>
</tr>
</tbody>
</table>

### LIL SHREDDERS SKATEBOARDING

**AGES 4 - 7**

For the little one who is itching to get on board! Participants will learn safety and the basics of skateboarding from experienced instructors, as well as play age-appropriate games and other fun activities. Parents are encouraged to attend and participate with their child. All skaters under the age of 6 must have a parent present during camp/lesson.

<table>
<thead>
<tr>
<th>Activity #</th>
<th>Fee</th>
<th>RDF</th>
<th>Dates</th>
<th>Days</th>
<th>Hours</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1520-309</td>
<td>$90</td>
<td>RDF: $75</td>
<td>Sep. 18 - Oct. 2</td>
<td>Wed.</td>
<td>5:30 - 6:30 p.m.</td>
<td>Handloff Park</td>
</tr>
</tbody>
</table>

**GRINDERS (BEGINNER) SKATEBOARDING**

**AGES 8 - 12**

For the future ripper with less than one month of skateboarding experience, Grinders camp will focus on the basics of skateboarding, including pushing, turning, and going down banked ramps. Further curriculum will include proper use of skateboarding equipment and basic terminology. This lesson will also highlight basic tricks for more advanced participants.

<table>
<thead>
<tr>
<th>Activity #</th>
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<th>RDF</th>
<th>Dates</th>
<th>Days</th>
<th>Hours</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1521-309</td>
<td>$90</td>
<td>RDF: $75</td>
<td>Sep. 18 - Oct. 2</td>
<td>Wed.</td>
<td>5:30 - 6:30 p.m.</td>
<td>Handloff Park</td>
</tr>
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</table>

### AFTER SCHOOL TENNIS

**AGES 6 - 10**

This program is designed for Downes Elementary students to walk to Handloff Park right after school. Instructor will meet students at Downes, then walk them to the park. Students who do not attend Downes are eligible to participate but would need to be dropped off at Handloff Park at 3:15 p.m. It’s a whole new ballgame for kids tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink. Program will not meet on rainy days. In cases of inclement weather the Leisure Time Hotline will be updated by 2 p.m., please call (302) 366-7147.

<table>
<thead>
<tr>
<th>Activity #</th>
<th>Fee</th>
<th>RDF</th>
<th>Dates</th>
<th>Days</th>
<th>Hours</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1653-349</td>
<td>$69</td>
<td>RDF: $55</td>
<td>Sep. 16 - Oct. 28</td>
<td>Mon.</td>
<td>3:30 - 4:30 p.m.</td>
<td>Handloff Park</td>
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</table>

**AFTERSCHOOL SKATEBOARDING**

**AGES 6 - 12**

This program is designed for Downes Elementary students to walk to Handloff Park right after school. Instructors will meet students at Downes, then walk them to the park. Students who do not attend Downes are eligible to participate but would need to be dropped off at Handloff Park at 3:30 p.m. Our Afterschool Skateboarding Club is for students of all abilities. Participants will learn safety and the basics of skateboarding. Skateboarding is both an individual and group activity. Students will be encouraged to respect and support each other while they expand their own skating skills. Beginner skaters fall more than they think, but they have to get back up and try again if they are going to improve. We will encourage riders not to be afraid of making mistakes. Program will not meet on rainy days. In cases of inclement weather, the Leisure Time Hotline will be updated by 2 p.m., please call (302) 366-7147.

<table>
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<tr>
<th>Activity #</th>
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<tbody>
<tr>
<td>1521-319</td>
<td>$115</td>
<td>RDF: $99</td>
<td>Sep. 18 - Oct. 23</td>
<td>Wed.</td>
<td>3:30 - 4:30 p.m.</td>
<td>Handloff Park</td>
</tr>
</tbody>
</table>
STAY FIT

AGES 18 & OVER  CAROLE WALSH
A program of strength training and low impact aerobics, this upbeat and fun class will help you build and maintain muscle tone and improve cardiovascular fitness. Each session will include lively warm-ups, exercises that use a full range of motion for tone and flexibility, and the use of hand weights to increase upper body strength. A cool down and stretch will follow twenty-five minutes of aerobics adaptable to all levels of fitness. All routines are created by a well-qualified instructor with 30 years experience teaching exercise classes. Please bring an exercise mat and a pair of hand weights, one to three pounds each. (Loaner weights will be available).

Fee: $67 RDF: $50
Days: Tue. & Thu.
Hours: 10 - 11 a.m.
Location: George Wilson Center

Activity #: Dates:
3620-309  Sep. 24 - Oct. 31
3620-319  Nov. 5 - Dec. 17
(Nov. 14 class will be held Wed., Nov. 13 and no class 11/28)
3620-100  Jan. 7 - Feb. 13

TOTAL BODY HOUR

AGES 16 & OVER  GINA REICH
Up-beat music and interesting routines keep you focused on your fitness during these Newark Parks and Recreation fitness classes. A body sculpting workout using weights, body resistance, challenging moves, repetitions and cardio work. You will get motivated and be burning calories in no time! Please bring a water bottle, hand weights and a large exercise ball to class.

Fee: $90 RDF: $72
Days: Mon. & Wed.
Hours: 7 - 8 p.m.
Location: George Wilson Center

Activity #: Dates:
3626-309  Sep. 16 - Oct. 28 (no class 10/23)
3626-319  Nov. 4 - Dec. 18 (no class 11/25 & 11/27)
3626-100  Jan. 6 - Feb. 19 (no class 1/20 & 2/17)
3626-110  March 2 - April 8

ZUMBA TONING

AGES 18 & OVER  JENNIFER PALACIO
Zumba Toning is designed to strengthen, reshape your body and tone your muscles while burning even more calories. Here we combine music with dance, strength training and body sculpting workouts using 1-3 lb. toning sticks, hand weights or even your body weight along with aerobic moves.

Days: Tue.
Hours: 7 - 8 p.m.
Location: George Wilson Center

Activity #: Dates:  Fee:
3511-309  Sep. 3 - Oct. 22  Fee: $67 RDF: $50
3511-319  Nov. 5 - Dec. 17  Fee: $60 RDF: $44
3511-100  Jan. 7 - Feb. 25  Fee: $67 RDF: $50

BARRE CLASS

AGES 18 & OVER  JENNIFER PALACIO
Barre classes mix elements of Dance, Toning, Pilates, Yoga and functional training with moves choreographed to motivating music. In each energizing and targeted workout, you'll use the barre or chair and exercise equipment such as mini-balls and small hand weights to sculpt, slim and stretch your entire body. Please bring a mini ball, light weights, a stretch band and mat to class.

Days: Thu.
Hours: 7 - 8 p.m.
Location: George Wilson Center

Activity #: Dates:  Fee:
3645-309  Sep. 5 - Oct. 24  Fee: $67 RDF: $50
3645-319  Nov. 7 - Dec. 19  Fee: $53 RDF: $38
(No class 11/28)
3645-100  Jan. 9 - Feb. 27  Fee: $67 RDF: $50
(Nov. 14 class will be held Wed., Nov. 13 and no class 11/28)
AUTHENTIC YOGA WITH MEETA

AGES 18 & OVER

The ancient practice of yoga is a combination of exercises, breathing and meditation techniques. It has long been an effective way of relieving emotional stress, stretching and toning the body and connecting with yourself. It energizes and refreshes, improves circulation and promotes mental clarity and concentration. Participants should wear loose comfortable clothing and bring a yoga mat. Meeta is the daughter of the late Bharat J. Gajjar who brought yoga to Delaware in the 60’s.

Days: Wed.
Hours: 7 - 8 p.m.
Location: Newark Senior Center

Activity #: Dates:  
3525-209 July 10 - Sep. 11 Fee: $81 RDF: $64  
3525-309 Sep. 25 - Nov. 20 Fee: $73 RDF: $57  
3525-319 Dec. 4 - Feb. 19 Fee: $73 RDF: $57

YOGA POWER HOUR

AGES 18 & OVER

Enjoy 60 minutes of vinyasa style yoga during “Power Hour.” With a focus on strengthening the core and full body, this class will involve a warm up, sun salutations, warrior series, core strengthening, challenging balance postures, and seated poses to release tension and stretch muscles. Mindfulness and meditation will also be included in each class. If you are new to yoga or a seasoned yogi, this class will accommodate all levels. Please bring a yoga mat, towel, and water.

Days: Mon.
Hours: 5:15 - 6:30 p.m.
Location: George Wilson Center

Activity #: Dates:  
3623-309 Sep. 9 - Oct. 28 Fee: $72 RDF: $55  
3623-319 Nov. 11 - Dec. 30 Fee: $75 RDF: $58  
3623-100 Jan. 6 - March 23 Fee: $91 RDF: $73

FRIDAY MORNING YOGA

AGES 18 & OVER

In this class, Yoga breathing and stretching is taught to help us function at our best, physically and mentally. Mental alertness is actually closely linked to the balance of energy in the body so that your strength, flexibility and balance improve the way you think and vice-versa! We will work on different postures and areas of the body with every class. The practice of yoga is calming and cleansing and will act to restore agility and vitality. There will be special attention paid to help the individual student with their particular issues. All levels of age and fitness are welcome to join us. Students must bring their own mats, other props (straps & blocks) are provided by the instructor. Kathleen Wright is a longtime teacher of yoga in Wilmington & Newark and regularly pursues study with the most influential of senior teachers in the US and India.

Days: Fri.
Hours: 9 - 10:30 a.m.
Location: George Wilson Center

Activity #: Dates:  
3522-309 Sep 6 - Oct. 25 Fee: $67 RDF: $50  
3522-319 Nov 1 - Dec. 13 Fee: $53 RDF: $38
3522-100 Jan. 10 - Feb. 28 Fee: $67 RDF: $50

AGES 18 & OVER

KATHLEEN WRIGHT

VALERIE LANE
YOGA FOR STRESS

AGES 18 & OVER  VALERIE LANE
If you find yourself saying, “I need to de-stress!” this yoga class is for you! Through gentle warm up, warrior poses, vinyasa flow, restorative postures, and moving meditation, this class will allow you to escape from daily life and enjoy time on your yoga mat. Relaxing music is played and the lights are dimmed to create an ambiance of serenity. If you are new to yoga or a seasoned yogi, this class will accommodate all levels. Props such as blocks, straps, blankets, and bean bags are welcome, but not required. Please bring a yoga mat and water.

Days: Thu.  
Hours: 5:15 - 6:30 p.m.  
Location: George Wilson Center

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<tr>
<th>Activity #:</th>
<th>Dates:</th>
<th>Fee: $101 RDF: $83</th>
</tr>
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<tbody>
<tr>
<td>3508-309</td>
<td>Aug. 15 - Oct. 31 (class on 10/24 from 6 - 7 p.m.)</td>
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<tr>
<td>3508-319</td>
<td>Nov. 14 - Dec. 19 (no class 11/28)</td>
<td>$52 RDF: $36</td>
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<tr>
<td>3508-100</td>
<td>Jan. 2 - March 26 (no class 1/9, 2/13 &amp; 2/20)</td>
<td>$91 RDF: $73</td>
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</tbody>
</table>

NEW!  AN INTRODUCTION TO THE CHAKRAS

AGES 18 & OVER  DEBBIE GILL
An introductory workshop explaining the chakras system and how it works. It is a map for your journey through life. Participants will learn that each chakra has its own characteristics such as color, issues, body parts, and sense and if not balanced, can cause many health and psychological problems. Methods on how to balance your chakras will be offered.

Fee: $47 RDF: $31  
Days: Mon.  
Hours: 6 - 8 p.m.  
Location: Newark Senior Center

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<th>Activity #:</th>
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<tr>
<td>3527-309</td>
<td>Sep. 16</td>
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<td>3527-319</td>
<td>Oct. 14</td>
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<tr>
<td>3527-329</td>
<td>Nov. 18</td>
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<tr>
<td>3527-339</td>
<td>Dec. 16</td>
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<tr>
<td>3527-100</td>
<td>Jan. 20</td>
</tr>
<tr>
<td>3527-110</td>
<td>Feb. 17</td>
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NEW!  CHAKRAS YOGA WORKSHOP

AGES 18 & OVER  DEBBIE GILL
Yoga poses will be taught in a flow that correspond with each chakra starting with the Root chakra and moving through the Crown chakra. There will be a minimum of two to three poses for each chakra. Each one will build on the previous posture as you begin to liberate the chakras, ending with Savasana and a Body Scan for Mindfulness and Relaxation. Please bring a yoga mat and a blanket or beach towel.

Fee: $47 RDF: $31  
Days: Tue.  
Hours: 6 - 8 p.m.  
Location: Newark Senior Center

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<td>3523-309</td>
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<td>3523-329</td>
<td>Nov. 19</td>
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<tr>
<td>3523-339</td>
<td>Dec. 17</td>
</tr>
<tr>
<td>3523-100</td>
<td>Jan. 14</td>
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<tr>
<td>3523-110</td>
<td>Feb. 18</td>
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WEATHER?

For updates on activity cancellations call the leisure time hotline (302) 366-7147.
PONY UP

AGES 5 - 12  SUNSET STABLES
Pony Up is geared to give young children an introduction to horseback riding and horsemanship. Children will be introduced to grooming, how to lead a pony properly, putting the saddle on and riding, all in a safe and FUN environment. We work very hard to have only the very best ponies in attitude and ability at Sunset Stables. Our little horses love their work, are patient and tolerate a lot from our young riders. Safety helmets are required and provided at no extra charge. Children must wear long pants and closed-toed shoes.

Fee / RDF: $30
Days: Sat.
Hours: 10 - 11 a.m.
Location: Sunset Stables

Activity # | Dates
--- | ---
1506-219 | Aug. 24
1506-309 | Sep. 21
1506-319 | Oct. 12
1506-329 | Nov. 9

TRAIL RIDE

AGES 10 & OVER  SUNSET STABLES
Join the staff of Sunset Stables for a one of a kind, one-hour trail ride through Lums Pond State Park. Enjoy mother nature from atop of one of their friendly horses. Helmets are required and provided at no extra charge. There is a weight restriction of 240 lbs. for this activity. Participants must wear long pants and closed-toed shoes.

Activity #: 1504-309  Fee / RDF: $45
Dates: Sep. 21
Days: Sat.
Location: Sunset Stables

Activity #: 1504-319  Fee / RDF: $45
Dates: Oct. 12
Days: Sat.
Location: Sunset Stables

PARENT & CHILD HORSEBACK RIDING LESSONS

AGES 10 & OVER  SUNSET STABLES
Children 10 and over can learn horseback riding with a parent in this fun and interactive class at Sunset Stables. Fee is per person.

Activity #: 1501-309  Fee / RDF: $75
Dates: Oct. 3 - 24
Days: Thu.
Location: Sunset Stables

In recognizing that City of Newark residents support our department through their city taxes, the City offers residents a discounted fee. Non-residents will pay the regular fee for the programs.
**NEW! THE POWER OF ARCHETYPES**

**AGES 18 & OVER**

**DEBBIE GILL**

Do you know what makes you tick? Discover how your archetypes give you the power to move from the caboose of your train—where life drags you—to the engine—where you can direct your life. Becoming empowered changes everything in your life! The Four Survival Archetypes will be discussed, and prompts will be given to help identify your remaining eight archetypes.

Fee: $47 RDF: $31
Days: Wed.
Hours: 6 - 8 p.m.
Location: Newark Senior Center

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<tr>
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<tbody>
<tr>
<td>3405-309</td>
<td>Sep. 4</td>
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<tr>
<td>3405-329</td>
<td>Nov. 6</td>
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<tr>
<td>3405-339</td>
<td>Dec. 4</td>
</tr>
<tr>
<td>3405-100</td>
<td>Jan. 8</td>
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<td>3405-110</td>
<td>Feb. 5</td>
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**GOJI SELF DEFENSE CLASSES**

**AGES 12 & OVER**

**MASTER PETE CLAUDIO**

The traditional goju Senkotiros program is a full belted program taught solely by Master Pete Claudio with over 30 years experience. The program consists of self-defense, kicking, punching, take downs as well as Philippine stick fighting. Get great cardio, strength training, and flexibility in this class for male and female participants.

Fee: $143 RDF: $125
Days: Tue. & Fri.
Hours: 7 - 9 p.m.
Location: George Wilson Center

<table>
<thead>
<tr>
<th>Activity #</th>
<th>Dates</th>
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<tbody>
<tr>
<td>3323-229</td>
<td>Aug. 6 - Sep. 13</td>
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<tr>
<td>3323-309</td>
<td>Sep. 17 - Oct. 25</td>
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<tr>
<td>3323-319</td>
<td>Oct. 29 - Dec. 10</td>
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<td></td>
<td>(no class 11/29)</td>
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<tr>
<td>3323-329</td>
<td>Dec. 13 - Jan. 28</td>
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<td></td>
<td>(no class 12/24 &amp; 12/31)</td>
</tr>
</tbody>
</table>

**TAE KWON DO**

**AGES 18 & OVER**

**SEAN MORRISON**

This 10-week course will focus on the fundamentals of the Chung Do Kwan style of Tae Kwon Do. Learn the basics and the forms associated with this style alongside your peers and become proficient in focus, balance, speed, power and control as they relate to self-defense. This is a fun way to build confidence, improve strength, endurance and flexibility, and become involved in the martial arts community. This class utilizes a belt system of advancement. Gi pants and white belts will be provided for students new to martial arts. Instructor Sean Morrison is a second degree black belt who has been studying and teaching Tae Kwon Do in Philadelphia for over 7 years. He is committed to sharing his in-depth martial arts training and experience with all willing to learn.

Fee: $88 RDF: $75
Days: Tue.
Hours: 6 - 7:30 p.m.
Location: Newark Senior Center

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<tr>
<th>Activity #</th>
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<tbody>
<tr>
<td>3331-309</td>
<td>Sep. 17 - Nov. 26</td>
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<td>3331-319</td>
<td>Dec. 3 - Feb. 18</td>
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</table>

**CPR / AED & FIRST AID**

**AGES 12 & OVER**

**PATTI REYNOLDS**

Participants learn to recognize and respond appropriately to cardiac and breathing emergencies. The course teaches the skills participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Students who successfully complete this course will receive certificates for CPR/AED - Adult (which are valid for two years). Infant/Child CPR will be covered for any participant who requires it.

Fee: $106 RDF: $94
Days: Sun.
Hours: 12 - 2 p.m.
Location: Newark Senior Center

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<th>Activity #</th>
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<td>3332-319</td>
<td>Sep. 29</td>
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**CPR**

Fee: $80 RDF: $69
Days: Sun.
Hours: 12 - 2 p.m.
Location: Newark Senior Center

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<th>Activity #</th>
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<td>3332-309</td>
<td>Sep. 29</td>
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AGES 5 & OVER
WILMINGTON TRAIL CLUB LEADER
Enjoy a night of hiking by the light of the full moon! Join hike leaders from the Wilmington Trail Club on a hike at the reservoir as they lead a family-friendly hike on the paved path with a beautiful view of the night sky. Wear comfortable shoes and dress for the weather. Pre-register by no later than 4 p.m. on the previous business day.

Fee / RDF: $2  Children 16 & under FREE
Days: Fri.
Location: Newark Reservoir

| Activity #: 3415-309 | Dates: Sep. 13 | Hours: 7 - 8 p.m. |
| Activity #: 3415-319 | Oct. 11 | 6:30 - 7:30 p.m. |

NEW! MIGRATORY BIRD WATCHING

ALL AGES  DELAWARE AUDUBON SOCIETY
Join local birder Curt Davis and the Delaware Audubon Society at the Newark Reservoir to observe and identify migratory birds. The Delaware Audubon Society is dedicated to developing a better appreciation of our natural environment and working for species and habitat conservation. In 2019, the Purple Martin housing installed by Delaware Audubon in Curtis Mill Park successfully attracted 7 nesting pairs of Purple Martins, the first to nest in a municipal park in New Castle County. The program will begin by meeting in the Newark Reservoir parking lot at 8 a.m. with a brief introduction on migratory birds. Participants will then walk to the top of the reservoir for observation and identification. Wear comfortable shoes, dress for the weather and bring your own binoculars. Pre-register by no later than 4 p.m. on the previous business day. In case of inclement weather please call the Leisure Time Hotline at (302) 366-7147 after 7 a.m. for program cancellation information.

Activity #: 3414-309  Fee: FREE
Dates: Sep. 14
Days: Sat.
Location: Academy Building Lawn

Activity #: 3414-319  Fee: FREE
Dates: Oct. 12
Days: Sat.
Location: Olan Thomas Park

WRITE, PUBLISH, SELL!

AGES 18 & OVER  LOIS HOFFMAN
Whether you want to write a book to start your career as a writer or as a creative hobby, find out how YOU can self-publish a book and sell it online on sites such as Amazon and Barnes and Noble. This course will take you on a tour of writing, editing, pricing, publishing, and marketing your book, plus a whole lot more. You will leave with a solid understanding of the self-publishing industry and how you and your book fit in. Your instructor, Lois Hoffman, is the owner of The Happy Self-Publisher and author of The Self-Publishing Roadmap and Write a Book, Grow Your Business. She is passionate about helping writers share their words with the world.

Activity #: 3080-309  Fee: $47 RDF: $32
Dates: Nov. 7
Days: Thu.
Location: Newark Senior Center

WEATHER?
For updates on activity cancellations call the leisure time hotline (302) 366-7147.
NEW! "BABY GOT TRACK" NEW MOMMY WALKS

AGES 18 & OVER
New to the mom life? Grab those baby carriers or strollers and join us with your little ones, newborn through 1 year old, for a weekly walk with other new moms in the area. Research shows that getting outside in the fresh air is beneficial for both a mom’s postpartum health and a baby’s early development. We will walk the stroller-friendly paved path at the picturesque Newark Reservoir while sharing our new mom experiences, questions and even advice! Shower or don’t, come as you are; this is a mom judgement free zone. Please wear comfortable walking shoes and bring a water bottle to stay hydrated. We are all walking the same new path of motherhood so why not walk it together. Pre-registration required.

Activity #: 3500-309  Fee: FREE
Dates: Sep. 11 - 25
Days: Wed.
Location: Newark Reservoir

NEW! KID’S EMOTIONAL WELLNESS WORKSHOP

AGES 5 - 15  WELLNESS BY JASMIN
Just in time for back to school, join us for a fun, fast, free, kid-friendly class to help children process emotions using essential oils. Using characters from Disney/Pixar’s “Inside Out,” children will learn how to identify their emotions and take control. Families will also develop their language for discussing feelings and essential oils in a safe, fun environment. This workshop is perfect for all children, especially those with special struggles handling emotions. This class was developed by a master-teacher, board-certified aromatherapist and board-certified physician. It will be taught by a certified holistic health coach/essential oils educator. Optional: Create an emotional oils keychain to take home for $20. Class size is small, so as not to overwhelm the children. Please note: this is a parent and child class. Pre-register no later than 4 p.m. on the previous business day.

Activity #: 3326-309  Fee: FREE
Dates: Sep. 7
Days: Sat.
Location: George Wilson Center

GREEN CLEANING MADE EASY ESSENTIAL OIL WORKSHOP

AGES 18 & OVER  WELLNESS BY JASMIN
Just in time for back to school, join us for a fun, fast, free, kid-friendly class to help children process emotions using essential oils. Using characters from Disney/Pixar’s “Inside Out,” children will learn how to identify their emotions and take control. Families will also develop their language for discussing feelings and essential oils in a safe, fun environment. This workshop is perfect for all children, especially those with special struggles handling emotions. This class was developed by a master-teacher, board-certified aromatherapist and board-certified physician. It will be taught by a certified holistic health coach/essential oils educator. Optional: Create an emotional oils keychain to take home for $20. Class size is small, so as not to overwhelm the children. Please note: this is a parent and child class. Pre-register no later than 4 p.m. on the previous business day.

Activity #: 3326-309  Fee: FREE
Dates: Sep. 11
Days: Wed.
Location: George Wilson Center

WOMEN’S WELLNESS ESSENTIAL OIL WORKSHOP

AGES 18 & OVER  WELLNESS BY JASMIN
How many of us actually LIKE to clean? How about we make it as healthy as possible? Ditch the toxins and switch to natural ingredients. This hands-on workshop will show you how to replace your go-to cleaning supplies using essential oils and other gifts from nature. You can make as many products as you want for $5 each. The DIY portion is completely optional. Pre-register no later than 4 p.m. on the previous business day.

Activity #: 3326-319  Fee: FREE
Dates: Sep. 11
Days: Wed.
Hours: 6 - 8 p.m.
Location: George Wilson Center

SLEEP & STRESS ESSENTIAL OIL WORKSHOP

AGES 18 & OVER  WELLNESS BY JASMIN
Even though we gain one extra hour of sleep, daylight savings on November 3 messes with our sleep and stress! Too much stress leads to lack of sleep. Lack of sleep leads to too much stress. Learn how to break that vicious cycle with essential oils. Everyone will also go home with some meditation ideas to help ease their stress levels. You’re also invited to make your own sleep and stress blends for $5 each. Pre-register no later than 4 p.m. on the previous business day.

Activity #: 3326-339  Fee: FREE
Dates: Nov. 7
Days: Thu.
Hours: 6 - 8 p.m.
Location: George Wilson Center
CITY OF NEWARK PARKS & RECREATION

VISUAL & PERFORMING ARTS

ADVENTURES IN DANCE

AGES 18 & OVER RICK WILSON
You will learn some of the basic dances done at weddings and popular line dances done in clubs and country venues in the tri-state area. So many chances to show off your dancing skills or learn some new ones while dancing to popular music you hear on the radio today! Fees are per person.

Activity #: 3015-309  Fee: $61 RDF: $45
Dates: Sep. 5 - Oct. 10
Days: Thu.  Hours: 7 - 8 p.m
Location: Newark Senior Center

AGES 18 & OVER RICK WILSON
Let's get started by learning the basic fundamentals of ballroom dancing. We will concentrate on the Foxtrot, Waltz, Swing and Salsa. Lots of moves and fun with the different rhythms! Fees are per person.

Fee: $61 RDF: $45
Days: Tue.
Hours: 7 - 8 p.m
Location: Newark Senior Center

BALLROOM BASICS

AGEs 18 & OVER RICK WILSON
Activity #: 3012-309  Dates: Sep. 13 - Nov. 8
3012-100  Jan. 3 - Feb. 7
3012-110  Feb. 14 - March 20
(no class 9/20, 10/4 & 10/25)

Fea: $61 RDF: $45
Days: Fri.
Hours: 7 - 8 p.m
Location: Newark Senior Center

JAZZ & HIP HOP

AGES 6 - 9
Enhance your child’s dance experience with this combined class of Jazz and Hip-Hop. This class is full of fun activities to develop a safe progression of technique and focus on articulation, strength and more complex coordination. Attire: any color leotard, jazz shoes, and dance shorts. Students will work toward a Winter Recital scheduled for December 14. Registration fee includes recital costume.

Activity #: 1012-319  Fee: $220 RDF: $195
Dates: Sep. 25 - Dec. 11  (no class 11/27)
Days: Wed.  Hours: 6 - 7 p.m.
Location: George Wilson Center

COUNTRY COUPLES

AGES 18 & OVER RICK WILSON
You will learn the Two-Step as well as some of the popular set pattern dances including the El Paso, Side Kick, Lonely Drum, Love Cha Cha and Shadow just to name a few. These dances for beginner or advanced couples are great fun and done at many venues throughout the United States. Fees are per person.

Fee: $61 RDF: $45
Days: Fri.
Hours: 7 - 8 p.m
Location: Newark Senior Center

Activity #:  Dates:
3010-309  Aug. 27 - Oct. 1
3010-319  Oct. 8 - Nov. 19  (no class 10/22)
3010-100  Jan. 7 - Feb. 11
3010-110  Feb. 18 - March 24
**BALLET I**

**AGES 7 - 10**
This ballet class will help children develop their grace and elegance as dancers, focusing on beginner to intermediate ballet techniques. Through a well-balanced, progressive curriculum, students will develop technique and skill safely, while gaining self-confidence and discipline. Increasingly complex barre and center exercises are taught and jumps and turns are developed to increase strength. Attire: black leotard, pink tights, and pink ballet shoes. Students will work toward a Winter Recital scheduled for December 14. Registration fee includes recital costume.

Activity #: 1012-309  
Dates: Sep. 25 - Dec. 11  
Days: Wed.  
Location: George Wilson Center

**LITTLE FEET**

**AGES 4 - 6**
Preschoolers love music and dance! Enhance your child's sense of rhythm and coordination with this beginner dance program. Through creative movement exercises set to music, your child will learn creativity, motor control, balance, and self-confidence all while having a blast! Required Attire: Any color leotard, pink tights, pink ballet shoes, and black tap shoes. Students will work toward a Winter Recital scheduled for December 14. Registration fee includes recital costume.

Activity #: 0010-309  
Dates: Sep. 25 - Dec. 11  
Days: Wed.  
Location: George Wilson Center

**CURTAIN'S UP THEATER**

**PHANTOM OF THE HORSE OPRY**

**AGES 8 - 15**
CURTAIN'S UP, our popular stage performance drama program running now 13 seasons, continues to offer young people the opportunity to perform live theatre while gaining self-confidence, positive interaction with others, and self-awareness of surroundings. We have added an extra class on Wednesdays to allow more students the opportunity to perform in our Curtain's Up program. This Fall, Curtain's Up Theater proudly presents The Phantom of the Horse Opry. Students are creating a mash-up of when the phantom of the opera meets the wild west. Students will love performing all the comical characters such as the heroine; Purity Pureheart, her clumsy boyfriend; Dudley Dundee, the owner of the opry; Ma McGruder, the villain; S. Van Snaggletooth, the inept sheriff of Dodgy City, the chorus girls who sing and dance badly, and of course the mysterious phantom himself. There are many other hilarious roles in this tale with a surprise ending. Students will learn techniques of stage acting including vocal projection, stage movement, character development and more as they work toward a final scripted performance for family and friends. Since this is an ensemble production, attendance should be a priority, especially for the last two rehearsals.

**WEDNESDAY -**

Activity #: 1072-309  
Dates: Sep. 25 - Nov. 20  
Days: Wed.  
Location: George Wilson Center

Fee: $140 RDF: $120

**FRIDAY -**

Activity #: 1072-319  
Dates: Sep. 27 - Nov. 22  
Days: Fri.  
Location: George Wilson Center

Fee: $140 RDF: $120

**RESIDENT DISCOUNT FEE (RDF)**

In recognizing that City of Newark residents support our department through their city taxes, the City offers residents a discounted fee. Non-residents will pay the regular fee for the programs.
ABRAKADOODLE SEPTEMBER DOODLE

AGES 6 - 12  ABRAKADOODLE
Join Abrakadoodle®, America’s leading art education program, for a Fall Forest Doodle! Participants will learn about art techniques such as sculpture, mixed media, group of seven, and landscape art all while using sculptural materials to create an original painting masterpiece to take home. All materials will be provided.

Activity #: 1231-309  Fee: $25 RDF: $20
Dates: Sep. 21
Days: Sat.  Hours: 10 - 11 a.m.
Location: George Wilson Center

ABRAKADOODLE OCTOBER DOODLE

AGES 6 - 12  ABRAKADOODLE
Join Abrakadoodle®, America’s leading art education program, for a Halloween & culture inspired program! Participants will learn about sculpture to create their own Zulu Clay Mask just in time for Halloween. Africa is known for its tribal art, like jewelry, baskets, and masks. The Zulu (‘zü-lü) tribe of South Africa is known best for their colorful beadwork and baskets, but they also create masks. Join Abrakadoodle as we take a “trip” to South Africa and make Zulu masks from clay! All materials will be provided.

Activity #: 1231-319  Fee: $25 RDF: $20
Dates: Oct. 19
Days: Sat.  Hours: 10 - 11 a.m.
Location: George Wilson Center

ABRAKADOODLE NOVEMBER DOODLE

AGES 6 - 12  ABRAKADOODLE
Join Abrakadoodle®, America’s leading art education program, for a Coliseum Pop-Up Doodle! This project demonstrates how history, culture, and the visual arts can influence each other in making and studying works of art! All materials will be provided.

Activity #: 1231-329  Fee: $25 RDF: $20
Dates: Nov. 9
Days: Sat.  Hours: 10 - 11 a.m.
Location: George Wilson Center

ABRAKADOODLE DECEMBER DOODLE

AGES 6 - 12  ABRAKADOODLE
Join Abrakadoodle®, America’s leading art education program, to create a Let It Snow Collage Doodle! Participants will get into the Holiday Spirit as they create a fun collage using tons of different fun materials. All materials will be provided.

Activity #: 1231-339  Fee: $25 RDF: $20
Dates: Dec. 14
Days: Sat.  Hours: 10 - 11 a.m.
Location: George Wilson Center

REGISTER

ONLINE
newarkde.gov/play

WALK IN & MAIL
Newark Parks & Recreation
220 S Main St, Newark, DE 19711
Mon. - Fri. 8:30 a.m. - 5 p.m.

FAX
(302) 366-7169
POTTERY FOR KIDS

AGES 8 - 17  CAROLE FOX
Create dishes, sculptures and decorative items from a lump of clay! Children will design and make projects as they learn a variety of forming techniques. All glazes used are non-toxic and dinnerware safe. We recommend that old clothing be worn to class.

Activity #: 1120-309  Fee: $146 RDF: $130
Dates: Sep. 12 - Nov. 7  (no class 10/31)
Days: Thu.
Location: George Wilson Center

BRING YOUR PARENT TO POTTERY

AGES 8 & OVER  DIANNA SIMMONS
Parent and children will learn hand-building techniques (including pinch, coil, and slab construction) and will have time to glaze their pieces during class the last class day. Finished pieces can be picked up one week after the class ends. Price includes one child and parent.

Activity #: 1123-309  Fee: $105 RDF: $89
Dates: Oct. 1 - 22
Days: Tue.
Location: George Wilson Center

ADULT POTTERY

AGES 18 & OVER  CAROLE FOX
Hand building with clay and working on the potter’s wheel will be taught. Students can then explore their area of interest. Returning students may continue at their own pace. Clay, glazes and firings included.

Activity #: 3128-309  Fee: $180 RDF: $157
Dates: Sep. 5 - Oct. 24
Days: Thu.
Location: George Wilson Center

NEW! BEGINNER ADULT POTTERY

AGES 18 & OVER  CAROLE FOX
Hand building with clay and working on the potter’s wheel will be taught. Students can then explore their area of interest. Class is geared toward beginners, but all experience levels are welcome. Clay, glazes and firings included.

Activity #: 3128-319  Fee: $180 RDF: $157
Dates: Sep. 23 - Nov. 18  (no class 10/21)
Days: Mon.
Location: George Wilson Center

ADULT POTTERY HAND BUILDING WITH CLAY

AGES 18 & OVER  CAROLE FOX
Learn several hand-building techniques and use them to make creations of your own design! Just in time for the gift-giving season.

Activity #: 3128-329  Fee: $120 RDF: $100
Dates: Nov. 7 - Dec. 12  (no class 11/28)
Days: Thu.
Location: George Wilson Center
New York City

HOLIDAY TRIP

ALL AGES
Here's that December New York trip that many of you look forward to. We'll drop you off near Radio City Music Hall then you are on your own to enjoy the lights, decorations and holiday atmosphere. Your trip cost includes motor coach transportation. Bus will depart New York at 6 p.m.

Activity #: 4712-309
Fee: $59 RDF: $49
Dates: Dec. 7
Days: Sat.
Hours: 7 a.m. - 9 p.m.
Location: Newark Municipal Building

TRIP GUIDELINES

1. Register by mail, online or in person. No phone registrations will be accepted due to the waiver that needs to be signed and acknowledged.

2. Trips will depart from the City Municipal Building, 220 South Main Street and will assemble in the rear parking lot.

3. You will be dropped off near Radio City Music Hall.

4. Youth under age 18 must be accompanied by a responsible adult.

5. The Parks and Recreation Department does not permit smoking while in the bus.

6. Refunds cannot be given unless seats can be resold.
COMMUNITY FUN RIDE

SATURDAY, SEP. 7
FAMILY FUN RIDE – 10:15 A.M.
NEWARK LOOP RIDE – 11:00 A.M.
NEWARK SHOPPING CENTER

The City of Newark, Bike Newark and the University of Delaware are joining forces to promote bicycling health, safety and encouragement in Newark. The events kick off with a week of activities, culminating in the Community Fun Ride, Saturday Sep. 7, at 10:15 a.m. at the Newark Shopping Center. Weeknight events include activities from 6 – 7:30 p.m. on Tuesday, Sep. 3 at Handloff Park, Wednesday, Sep. 4 at Mentors Circle on the University of Delaware Campus, Thursday, Sep. 5 at Olan Thomas Park and Friday, Sep. 6 at Kells Park. Register online for the Community Fun Ride at BikeNewark.org/events/community-bike-days. $5 per person 18 & over and under 18 is free. Pre-register online by Sep. 6. Proceeds will help fund new bicycle amenities in Newark.

COMMUNITY DAY

SUNDAY, SEP. 15 (RAIN DATE SEP. 22)
11 A.M. - 4 P.M.
UD GREEN FROM MEMORIAL HALL TO MAIN STREET

The City of Newark's Parks and Recreation Department, in cooperation with the University of Delaware and the Christina School District present the area’s premier fall festival on Sunday, September 15. This exciting event features fun for the entire family. The Green provides the perfect outdoor venue for local musicians and demonstration groups. A food court will have a variety of foods. Fine Art and Homemade Craft vendors will be displaying and selling their creations. The Children's Area is always a big hit with Scarecrow Making and more. Community Information booths and activities are supplied by a variety of local businesses and organizations.

Please remember that pets are not comfortable in the heat and crowds of large events, so for their safety and the safety of those attending the event, please leave your pets at home.

Sponsors include Bloom Energy, WXCY, Planet Fitness and Ferris Home Improvements.

This event is supported, in part, by a grant from the Delaware Division of the Arts, a state agency, in partnership with the National Endowment for the Arts. The Division promotes Delaware arts events on www.delawarescene.com.

Vendor packages are available at www.newarkde.gov/play. For more information call the Parks and Recreation Office at (302) 366-7000 or email parksrec@newark.de.us.

RESIDENT DISCOUNT FEE (RDF)

In recognizing that City of Newark residents support our department through their city taxes, the City offers residents a discounted fee. Non-residents will pay the regular fee for the programs.
OUTDOOR FAMILY MOVIE NIGHT

FRIDAY, OCT. 4
6 - 9 P.M.
UD ATHLETIC COMPLEX

Let’s all go to the movies! Newark Parks and Recreation and the University of Delaware Athletic Department invite you to an outdoor family movie night on Friday, Oct. 4 from 6 - 9 p.m. at the University of Delaware Athletic Complex. Relax on the grassy lawn, enjoy some popcorn & treats and watch Disney/Pixar’s Coco, a family friendly movie, beginning at 7 p.m. on a 40-foot outdoor movie screen. This is a great way for families to enjoy the “drive in” experience from their very own blanket or lawn chair. Parking opens at 6 p.m. Concessions on site. Admission is free.

HARVEST FESTIVAL

SATURDAY, OCT. 5
11 A.M. - 2 P.M.
OLAN THOMAS PARK

The City of Newark Parks and Recreation Department will be hosting the Harvest Festival again this year at Olan Thomas Park on October 5 from 11 a.m. - 2 p.m. Grab your friends and family for an afternoon full of fall fun with pony rides, hay rides, games, crafts, local food vendors, inflatables and more! The rain date is scheduled for Sunday, Oct. 6 from 11 a.m. - 2 p.m.

FALL COMMUNITY CLEAN UP

SATURDAY, OCT. 19
9 - 11 A.M.
NEWARK MUNICIPAL BUILDING

Grab your family, friends, coworkers, neighbors and help keep Newark beautiful. Join us at the City of Newark Municipal Building on Saturday, October 19 from 9 - 11 a.m. Individuals and volunteer groups are welcome. Gloves and trash bags will be provided. For additional information or to volunteer for the clean-up, please call the Recreation office at (302)366-7000 or email parksvolunteers@newark.de.us

HALLOWEEN PARTY AT GWC

AGES 3 -12
Boo! It’s time for our annual Halloween Costume Party at the George Wilson Center. Join us for special Halloween crafts and activities, sweet refreshments, spooky storytelling, a mysterious costume contest and even a scary room to enter if you dare. Come on out for a ghostly good time and a lot of fun! Pre-registration is available but not required, pay $2 at the door.

Activity #: 1510-309  Fee: $2 RDF: $2
Dates: Oct . 24  Days: Thu.  Hours: 4 - 5:30 p.m.
Location: George Wilson Center

TRICK OR TREAT MAIN STREET

SUNDAY, OCT. 27
4 - 5 P.M.

Ghosts and goblins, fairies and princesses join in the fun of Trick or Treat Main Street. The event is paired with the Halloween Parade for twice the fun. There will be goodies from many stores and downtown businesses, and much more. Bring a camera and have your picture taken in the Pumpkin Patch. All municipal lots will offer free parking to cars during the events. For the safety of the children, Main Street will remain closed throughout Trick or Treat Main Street. There is no rain date for this event.

Please remember that pets are not comfortable in the heat and crowds of large events, so for their safety and the safety of those attending the event, please leave your pets at home.

For additional information, please call the Newark Parks and Recreation Department at (302) 366-7000. For cancellation information, please call (302) 366-7147.
Plan now to be a part of this special Halloween event, complete with marching bands, floats, antique automobiles, costumed characters and much more. Local clubs, civic groups, school bands, PTA's and scout troops are encouraged to participate.

** Pre-registration is not necessary if you simply wish to come in costume and walk in the parade. A special line-up space will be provided. Check in at the information booth at George Read Park by 2:30 p.m. on parade day.

** Note to Politicians or Political Groups: If you wish to march in the parade, you must be in costume and pre-register. We appreciate your cooperation.

There is NO RAIN DATE for this event. For cancellation information, please call (302) 366-7147.

DUE TO CONSTRUCTION, MAIN STREET IS NARROWED TO 18FT. PLEASE PLAN ACCORDINGLY FOR YOUR FLOAT OR GROUP FORMATION.

CANDY WILL NOT BE PERMITTED TO BE THROWN OR HANDED OUT TO SPECTATORS DURING THE PARADE. IF YOU WOULD LIKE TO HAND OUT CANDY, WE CAN INCLUDE YOUR GROUP IN TRICK OR TREAT MAIN STREET

73RD ANNUAL HALLOWEEN PARADE
SUNDAY, OCT. 27 • 3 PM • MAIN STREET

Please fill out the application below and return to the Parks Office at 220 South Main Street, Newark DE, 19711 or email to ParksRec@Newark.DE.US before Friday, October 11 at 5 PM.

NAME OF ORGANIZATION, GROUP, OR INDIVIDUAL: ____________________________________________

PLEASE CIRCLE ONE OF THE CATEGORIES: BAND FLOAT LARGE GROUP SMALL & FAMILY GROUP VEHICLE

# MARCHING PEOPLE: ___________ # OF VEHICLES: ___________ LENGTH OF FLOAT: ___________

MUSIC: YES NO POLITICAL: YES NO OVERSIZED VEHICLE: YES NO

THEME (IF KNOWN): ____________________________________________________________

NOTES: _______________________________________________________________________

CONTACT PERSON: ___________________________________ PHONE #: _______________________

MAILING ADDRESS: ___________________________________ EMAIL: _______________________

CITY: _________________________ STATE: ___________ ZIP: _______________________

PARADE CATEGORIES (PRE-REGISTRATION IS NECESSARY)

MARCHING BANDS OR MUSICAL GROUPS | Any marching band or musical group. High School and Junior High Marching Bands must have a minimum of 25 musicians and be pre registered for the parade in order to qualify for a donation.

FLOATS | Floats will be judged on their Halloween theme, and monetary prizes will be awarded to 1st, 2nd and 3rd place.

LARGE MARCHING GROUP | Must include a minimum of 10 individuals with at least 2 adults (if children are 12 or under, there must be 1 adult per 5 children). Awards will be presented for the 1st, 2nd & 3rd place.

SMALL MARCHING GROUP | Must have an overall theme and consist of at least 5 members and fewer than 10 members. Awards will be presented for the 1st, 2nd and 3rd place.

VEHICLES | Antique automobiles with or without costumed drivers/riders.
NEWBARK PAWLOOZA

SATURDAY, NOV. 2
10 A.M. - 1 P.M.
HANDLOFF PARK

Grab a leash and your BFF (Best Furry Friend) and join us for a howling good time on Saturday, November 2 at Handloff Park. NewBark PawLooza will be a furtastic good time with exciting activities and vendors that will provide all of your pooch pampering needs. Watch doggie demos, participate in canine contests, enjoy a romp around the park, or meet your new best friend at a local rescue group booth. Vendor packets are now available. All dogs must be leashed (6’ or less), non-aggressive, and up to date on their shots in order to attend. Please visit the Newark Parks & Recreation's Facebook page for more information and updates.

REGISTER

ONLINE
newarkde.gov/play

WALK IN & MAIL
Newark Parks & Recreation
220 S Main St, Newark, DE 19711
Mon. - Fri. 8:30 a.m. - 5 p.m.

FAX
(302) 366-7169

TURKEY Trot • Run & Walk

SATURDAY, NOVEMBER 16
9 - 11:30 A.M.
HANDLOFF PARK

The 5K and 10K Runs and 5K Walk will be held on Saturday, November 16 at Handloff Park on Barksdale Road in Newark. Pre-race shirt and number pick up at the Parks and Recreation office will be held on Friday, Nov. 15 from 8:30 a.m. - 5 p.m. for those registered by Nov. 13. This is a rain or shine event. For additional information, please call the Newark Parks and Recreation Department at (302) 366-7000 or the Hotline at (302) 366-7147.

Fee - $25.00 pre-registration (On or before November 13)
$30.00 November 14 & 15

Trophies for overall winners and age group winners. Both courses (5K and 10K) have been Certified. There will be 10 men’s and 10 women’s divisions in each run. The first 500 registrants will receive a long sleeve T-shirt. Prizes will be awarded to overall winners, as well as winners in age group categories for each run. Overall 1st, 2nd and 3rd place awards will be given for the 5K Walk. Be sure to list your age on race day so we can accurately place you in the appropriate division. Random awards will be given during the awards ceremony, following the 5K. All winners must be present during the ceremony in order to collect their award.

This year’s online registration will be taken on the Races2Run website (www.races2run.com) for your convenience. You may still fill out our standard registration form for the race and mail or walk in your registration. Registrations must be received by Wednesday, November 13. Part of the proceeds go towards the James F. Hall Scholarship Fund to provide tuition assistance to youth who would otherwise be unable to participate in activities and programs through Newark Parks and Recreation Department.

Once again this year the Ancient Order of Hibernians will be collecting coats that will be distributed to people in need throughout the area. Anyone interested in making a donation may bring coats in good condition the morning of the race.

Please remember that pets are not comfortable in crowds of large events, so for their safety and the safety of those attending the event, please leave your pets at home.

10K Run 9 a.m.  $25 pre-registration (on or before November 13)
5K Walk/Run 10:30 a.m.  $30 on November 14 & 15
$5 Second Race
33RD ANNUAL THANKSGIVING DAY BREAKFAST

THURSDAY, NOV. 28
8 - 10:30 A.M.
GEORGE WILSON CENTER

Enjoy Thanksgiving Day morning in the company of Newark neighbors and friends. The Parks and Recreation Department, area merchants and volunteers celebrate our 33rd year of gathering together to offer this special breakfast. Our mission is to create a warm and caring atmosphere among community members, older adults and area students who are unable to share the holiday with family members or a companion. Join us for a hearty breakfast and a little fellowship. This year’s menu will include pancakes, eggs, sausage, fruit, coffee, juice, and tea. People over the age of 60 MAY ATTEND AT NO COST. Advanced registration is encouraged. There will be an optional food drive for the Delaware Food Bank. Please bring a canned item including fruit, vegetables, meat or tuna. Volunteer assistance is needed for the day of and Wednesday prior to the event. Interested volunteers must contact (302) 366-7000 for more information. Volunteer positions are not guaranteed and fill up fast!

SANTA’S SECRET SHOPPE

SATURDAY, DEC. 7
9 A.M. - 12 P.M.
GEORGE WILSON CENTER

Children are invited to participate in Santa’s Secret Shoppe at the George Wilson Center. This unique and cost effective holiday event gives children the opportunity to purchase gifts for family and friends with a pint sized price tag. All items will be priced $5.00 and under and will be gift wrapped for free. Volunteers will be on hand to assist children with shopping. Vendors, crafters or local businesses that wish to participate in the Santa’s Secret Shoppe should call (302) 366-7000 or stop by the Recreation Office to obtain an application.

SNACK WITH SANTA

SATURDAY, DEC. 7
9:30 – 11:30 A.M.
GEORGE WILSON CENTER

The holidays are coming! Get into the spirit by joining Santa for snacks, crafts, games and a relaxed visit at the George Wilson Center. We encourage you to bring your camera to capture some special moments. Come and start the season off right! Children must be accompanied by a paying adult. No pre-registration required – pay at the door.

Activity #: 1511-319 Fee $2/person
Dates: Dec. 7 Days: Sat. Hours: 9:30 - 11:30 a.m.
Location: George Wilson Center

WINTERFEST

FRIDAY, DEC. 6
6 - 8 P.M.
ACADEMY BUILDING LAWN

Winterfest promises to be a wonderful addition to the holiday season. Holiday entertainment, roasting chestnuts, caroling, tree lighting, ice carving demonstrations, and much more will fill this wonderful evening of fun for the whole family. The rain date for this event is December 7. Winterfest is a joint effort by the Newark Parks and Recreation Department and the University of Delaware. The Delaware Special Olympics will be holding their Annual Reindeer Run in conjunction with Winterfest (www.sode.org).
FILL OUT THE FOLLOWING FORM AND RETURN TO THE CITY OF NEWARK PARKS AND RECREATION OFFICE OR REGISTER ONLINE AT WWW.NEWARKDE.GOV/PLAY!

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<th>RESPONSIBLE ADULT</th>
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<th>PARTICIPANT INFORMATION</th>
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<th>HEALTH INFORMATION</th>
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<td>Does participant have any allergies? Yes</td>
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<td>If yes, Please explain:</td>
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<td>Does participant have any physical or mental conditions that might require special consideration/attention? Yes</td>
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<td>If yes, please explain</td>
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<th>ADDITIONAL INFORMATION FOR YOUTH SPORTS LEAGUES</th>
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<td>Sports program (please circle one) Basketball</td>
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<td>League Name</td>
<td>Last Year’s Team (if in same league)</td>
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<td>Shirt Size (please circle one) Y/M</td>
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<td>Is sibling in same league? Yes</td>
<td>No Name</td>
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<td>Is parent interested in coaching? Yes</td>
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Emergency Release Waiver

I, the undersigned (or parent or guardian of ________________) hereby authorize the City of Newark, Department of Parks and Recreation and emergency care personnel to provide and render necessary medical care and treatment of myself and/or the aforesaid child for any illness or injury, which may be suffered at any time while participating in Department of Parks and Recreation programs. It is understood that time permitting, specific permission from parent/guardian or family member will be secured in the event of any medical treatment or surgery to be undertaken, but that should an emergency arise, this authorization and consent will cover such an event. Also, I/we hereby accept responsibility for any accident which may occur in connection with this recreation activity, hold harmless the City of Newark, and all other parties involved in the promotion and/or conducting of the above named activity. As well, I/we understand that the City of Newark provides NO insurance coverage for this activity. I give permission for myself and/or my child to be photographed while participating and/or attending a Parks & Recreation activity. I understand that photos may be used in future publicity.

Signature (If under 18, parent/guardian must sign) [Signature] Date ______ / ______ / ______

The activities offered by the Newark Parks and Recreation Department are accessible to individuals with disabilities. If there are any reasonable accommodations that you might need to make for the participant to fully participate in these activities, please call the Parks and Recreation office to discuss the matter with the activity supervisor(s).

If you have questions about any of our programs, please call (302) 366-7000 or email parksrec@newark.de.us.

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Rew. Date ______ / ______ Name on card (Print): [Name]卡号: [Card #]

Made payable to: CITY OF NEWARK
## CITY OF NEWARK PARKLAND AREAS

### REFER TO PARKS MAP

NOTE: Lighted courts will be available for evening play until 10 p.m. from early March to early December

<table>
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<tr>
<th>Location</th>
<th>Acres</th>
<th>Tennis Court - No Lighting</th>
<th>Tennis Court - No Lighting</th>
<th>Baseball-Softball Field</th>
<th>Playground Equipment</th>
<th>Swimming Pool</th>
<th>Picnic Tables</th>
<th>Community Center</th>
<th>Natural Areas and Trails</th>
<th>Parking</th>
<th>Shelter</th>
<th>Soccer</th>
<th>Facility Rental (Hall/Kitchen)</th>
<th>Horsehoe Courts</th>
<th>Valley Stream Access</th>
<th>Street Hockey Courts</th>
<th>Botanical Area</th>
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### OTHER FACILITIES USED FOR PROGRAMS

A. DOWNES SCHOOL  
220 Casho Mill Road
B. MCVEY SCHOOL  
908 Janice Drive
C. NEWARK HIGH SCHOOL  
750 Delaware Avenue

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D. NEWARK SENIOR CENTER  
200 White Chapel Drive

F. WEST PARK SCHOOL  
193 West Park Place

E. PARKS AND RECREATION OFFICE  
220 SOUTH MAIN
G. NEWARK CHARTER SCHOOL  
2001 Patriot Way