



## **PARKS & RECREATION CITY OF NEWARK**

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We know you have many questions about our upcoming programs. We hope we have answered most, if not all of them, here. If you have additional questions or concerns, please contact us at 302-366-7000.

### **1. Will I have to wear a face mask during a class or program?**

We are required to follow the guidance from the Delaware Division of Public Health, who along with guidelines from the Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics, advise:

- Cloth face coverings are strongly recommended for children between the age of two (2) and pre-Kindergarten if they can do so reliably in compliance with the CDC Guidance on How to Wear Cloth Face Coverings
- Cloth face coverings are required for any child enrolled in Kindergarten and up to age eighteen (18) years of age and all adults contained in the current COVID-19 State of Emergency and its modifications except when doing so would inhibit the individual's health. Parents and caregivers must supervise use of face coverings by children to avoid misuse.

### **2. What COVID specific training has staff been given?**

Staff have been trained on the proper use of PPE, timelines and procedures for cleaning and disinfecting, guidelines and requirements for the use of face coverings, how to maintain social distancing and effective strategies to reduce the spread of COVID.

### **3. What are we doing to meet and maintain the 6 feet of social distancing guidelines?**

Class/program size will be reduced, as necessary, to accommodate the space requirements needed to maintain the 6 feet social distancing guidelines.

### **4. What health screening precautions will be taking place to ensure a participant's health and safety for programs held at the George Wilson Center?**

All staff and individuals entering the George Wilson Center will be asked to review a health check prior to entering the facility to ensure they do not enter with a temperature higher than 99.5, do not have any symptoms such as a fever, cough, shortness of breath/difficulty breathing, etc., and have not been in close contact with a person confirmed with the COVID-19 infection.

### **5. What specific procedures are parents/guardians asked to follow for programs/classes taking place at the George Wilson Center or Newark Senior Center for their child?**

- You will be asked to answer the health check questions at the entrance to the facility.
- You will be asked to drop your child off at the main entrance where the program takes place.

- You will not be able to stay in the room during the class.
- You will be asked to wait outside of the facility until class ends. Your child will be brought to the main door and can be picked up from there.
- We ask you to please wear a cloth face covering when interacting with staff.
- Individuals aged Kindergarten and up must wear a face covering while visiting a business, indoor or outdoor space open to the public, gathering or event with members of other households, irrespective of physical distance.

**6. What health screening precautions will be taking place to ensure a participant's health and safety for programs held at the Newark Senior Center?**

- All participants must enter through the North entrance only after 4 p.m.
- Temperature check will be taken upon entry by the program instructor.
- A health questionnaire must be answered.
- Rooms will be limited to a maximum of 10 people.
- Face coverings are required at all times while in the facility.
- The instructor will sanitize surfaces upon entering room.

**7. What are the requirements for fitness classes to be held in person?**

Participants and staff must wear cloth face coverings in accordance with the State of Emergency Orders.

- Exercise equipment must be staggered or spread out to maintain a distance of at least 6 feet.
- All participants in an exercise class must always remain at least 6 feet apart, and all appropriate gathering limits must be observed. Class area, including floor and any shared equipment, must be cleaned prior to next class entering space.
- Aquatic exercise classes are permitted if proper social distancing is practiced and shared equipment is disinfected after each use. Pools must operate in accordance with the Delaware Division of Public Health guidance regarding COVID-19 pool operations.
- Participants must bring their own workout/yoga mats. If gym provides a shared mat, weights, bands, balls, or other workout equipment, they cannot be used by another customer until they have been thoroughly cleaned and disinfected. Use of this shared equipment is discouraged.
- Customers should bring their own drinks. Water bottle refill stations can be used but must be cleaned regularly by staff. Use of shared water fountains is discouraged.

**8. What is the refund policy for programs?**

- Our refund policy remains the same and can be found on our website at [www.newarkde.gov/play](http://www.newarkde.gov/play).

- If Parks and Recreation cancels a program for any reason, you will be issued a full refund.
- If you choose to remove a participant from a program voluntarily, you will receive a refund minus \$10 or 10% of the registration fee, whichever is greater.

**These guidelines are specific to Phase 2 mandates from the State of Delaware reopening guidance. If guidance changes programs and information will be updated accordingly.**

**Facility staff will be sanitizing high touch surfaces frequently throughout shifts. Participants may be directed to use a specific entrance or restroom based on their program site.**

**RECOMMENDATIONS FOR PARKS USERS:**

We believe that our parks, trails and open spaces can continue to be used in a safe manner that allow people to enjoy the mental and physical health benefits these spaces provide. In all instances, we will follow local, state and national mandates and guidelines regarding the use of these spaces. We encourage all users to follow these recommendations:

- Refrain from using parks or trails if you are exhibiting symptoms. Monitor your health and if you don't feel well please stay home.
- Follow CDC's guidance on personal hygiene prior to and during use of parks or trails. Wash your hands often with soap and water (and if not available, use a hand sanitizer that contains at least 60% alcohol).
- Consider wearing a face covering when using playgrounds.
- Do not share personal items or equipment with people outside your household.
- Avoid touching your eyes, nose and mouth, and cover your mouth and nose when you cough or sneeze.
- While on trails, warn other trail users of your presence and as you pass to allow proper distance and step off trails to allow others to pass, keeping minimum recommended distances always. Signal your presence with your voice, bell or horn.
- Follow CDC guidance on the recommended size of social gatherings including outdoor picnicking, pick-up sports and other group hangouts, and always maintain proper physical distance.
- Observe CDC's minimum recommended social distancing of 6 feet between yourself and other people outside of your home. If this is not possible, users should find an alternate location or depart from that space.
- Consult your local and state ordinances and guidelines for the most up to date recommendations on park and trail use.