



CITY OF NEWARK PARKS & RECREATION SPORTS & AQUATICS

ADULT WINTER VOLLEYBALL

Teams interested in joining our winter volleyball leagues should submit a request to the Recreation Office. There are two divisions: Gender Blind B (Wednesdays) and A/BB (Thursdays). Please specify a division when registering. Previous year's teams will be given priority placement. New teams will be accepted on a first come, first served basis, as openings occur. League play is scheduled to begin the week of Nov 1 and conclude by early March. Registration deadline is September 20. An organizational meeting will be held in late October. Contact the Recreation office at parksrec@newark.de.us or (302)366-7000 for more information.

N.B.A. (NEWARK BASKETBALL IN ACTION)

AGES 18 & OVER

Looking for a great way to have fun and stay in shape for the fall? Join our drop-in basketball sessions. Teams are formed each day for informal games. All participants must register in advance

Activity #: 3630-303 Fee: \$60 RDF: \$50
 Dates: Sep. 13 - Nov. 8
 Days: Wed. Hours: 7 - 9 p.m.
 Location: Newark High



TINY TOT SWIM

AGES 1 - 3

This parent & child swim class is designed for children ages 1 - 3 years old and will allow you and your child to spend time together teaching your little one to swim! Each half-hour session is supervised by instructors who will lead you through a series of exercises and activities that will be fun and instructive for your child. The weekly routine we observe teaches kids their primary skills of buoyancy, propulsion, and breath control.

Activity #: 0635-303 Fee: \$100 RDF: \$84
 Dates: Sep. 23 - Oct. 28
 Days: Sat. Hours: 8:30 – 9 a.m.
 Location: Newark Senior Center

Activity #: 0635-313 Fee: \$92 RDF: \$75
 Dates: Nov. 4 - Dec. 16
 Days: Sat. Hours: 8:30 – 9 a.m.
 Location: Newark Senior Center

PARENT & CHILD SWIM LESSONS

AGES 4 - 5

This parent & child swim class is designed for children ages 4 - 5 years old and will allow you and your child to spend time together teaching your little one swim! Each half-hour session is supervised by a specially trained instructor who will lead you through a series of exercises and activities that will be fun and instructive for your child. The weekly routine that we observe teaches kids their primary skills of buoyancy, propulsion and breath control.

Activity #: 0635-323 Fee: \$100 RDF: \$84
 Dates: Sep. 23 - Oct. 28
 Days: Sat. Hours: 9:15 - 9:45a.m.
 Location: Newark Senior Center

Activity #: 0635-333 Fee: \$92 RDF: \$75
 Dates: Nov. 4 - Dec. 16
 Days: Sat. Hours: 9:15 - 9:45a.m.
 Location: Newark Senior Center

BEGINNER SWIM

AGES 6 - 12

In this introductory class, participants will learn the basic skills of water orientation including: blowing bubbles, bobs, submerge mouth, nose and eyes, floats and recovery, alternating arm action, supported kicking and jumps. This is NOT a parent/child program and participants must be comfortable leaving parent for the duration of the lesson.

Activity #: 0630-303 Fee: \$100 RDF: \$84
Dates: Sep. 23 - Oct. 28
Days: Sat. Hours: 10 - 10:30 a.m.
Location: Newark Senior Center

Activity #: 0630-313 Fee: \$92 RDF: \$75
Dates: Nov. 4 - Dec. 16 (No class 11/25)
Days: Sat. Hours: 10 - 10:30 a.m.
Location: Newark Senior Center

ADVANCED BEGINNER SWIM

AGES 6 - 12

Participants will work on developing fundamental aquatic skills and independent performance of the basic skills: bob, floats, glides, flutter kick, jumps, front and back crawl, body alignment, turning over and body position and will begin work on rhythmic breathing. Prerequisites: Participants must be comfortable in the water and be able to perform an assisted back float for 3-5 seconds.

Activity #: 1630-303 Fee: \$100 RDF: \$84
Dates: Sep. 23 - Oct. 28
Days: Sat. Hours: 10:45 – 11:15 a.m.
Location: Newark Senior Center

Activity #: 1630-313 Fee: \$92 RDF: \$75
Dates: Nov. 4 – Dec. 16 (No class 11/25)
Days: Sat. Hours: 10:45 – 11:15 a.m.
Location: Newark Senior Center



REGISTER

ONLINE

www.newarkde.gov/play

WALK IN & MAIL

Newark Parks & Recreation
220 S Main St, Newark, DE 19711
Mon. - Fri. 8:30 a.m. - 4:30 p.m.

INTERMEDIATE SWIM

AGES 6 - 12

Participants will work on stroke development including introduction to deep water bobs, elementary backstroke, butterfly kick and body motion and treading. Continued improvement in front and back crawl, glides and rotary breathing. Prerequisites: Must be able to swim independently on back and front for 5 yards, must be comfortable in deeper water.

Activity #: 1636-303 Fee: \$100 RDF: \$84
Dates: Sep. 23 - Oct. 28
Days: Sat. Hours: 11:30 - 12 p.m.
Location: Newark Senior Center

Activity #: 1636-313 Fee: \$92 RDF: \$75
Dates: Nov. 4 - Dec. 16 (No class 11/25)
Days: Sat. Hours: 11:30 - 12 p.m.
Location: Newark Senior Center

ADVANCED SWIM LESSONS

AGES 6 - 12

Participants will work on stroke improvement including introduction to breaststroke, open turns and flip turns. They can also expect continued improvement in front crawl with rotary breathing, back crawl, breaststroke, butterfly, sidestroke and elementary backstroke. Prerequisites: Participants must be able to swim one pool length using front crawl and backstroke.

Activity #: 1631-303 Fee: \$100 RDF: \$84
Dates: Sep. 23 - Oct. 28
Days: Sat. Hours: 12:15 - 12:45 p.m.
Location: Newark Senior Center

Activity #: 1631-313 Fee: \$92 RDF: \$75
Dates: Nov. 4 - Dec. 16 (No class 11/25)
Days: Sat. Hours: 12:15 - 12:45 p.m.
Location: Newark Senior Center

BASIC INTRO TO ARCHERY

AGES 8 & OVER

CAROL PROTACK, NATIONAL CERTIFIED COACH

This introductory class will cover the fundamentals of archery. The beginning archer will learn safety rules, basic shooting techniques and about the different types of bows. Bare-bow style of archery instruction will be taught. This is the simplest bow set up and the best way to begin learning. All equipment will be provided. Please do not bring your own.

Activity #: 1652-303 Fee: \$94 RDF: \$76
Dates: Sep. 11 - Oct. 2
Days: Mon. Hours: 5:45 - 7:15 p.m.
Location: New Castle 100 Archers

ADULT ARCHERY

AGES 20 & OVER

CAROL PROTACK, NATIONAL CERTIFIED COACH

This archery class is designed to introduce the sport of archery to adults. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. You will be hitting the bullseye in no time.

Activity #: 3654-303 Fee: \$98 RDF: \$83
Dates: Oct. 23 - Nov. 13
Days: Mon. Hours: 5:45 - 7:15 p.m.
Location: New Castle 100 Archers



LEARN TO ICE SKATE

AGES 3 & OVER

Learn the FUNdamentals of ice skating. Classes are designed to help skaters of all ages develop the ABCs of movement – Agility, Balance, and Coordination. No experience required, age minimum 3 years old. Includes skate rental and skill progress report. Helmet recommended and protective gear is at the discretion of the skater. Instructors are Learn to Skate USA certified and compliant with U.S. Figure Skating's Safeskate program.

AGES 3 & OVER

Activity #: 1642-303 Fee: \$146 RDF: \$127
Dates: Sep. 10 - Oct. 22
Days: Sundays Hours: 11:50 a.m. - 12:20 p.m.
Location: Patriot Ice Center
Public skating 12:30-2 p.m. included

AGES 3 & OVER

Activity #: 1642-313 Fee: \$146 RDF: \$127
Dates: Oct. 29 - Dec. 17 (No class 11/26)
Days: Sundays Hours: 11:50 a.m. - 12:20 p.m.
Location: Patriot Ice Center
Public skating 12:30-2 p.m. included

RESIDENT DISCOUNT FEE (RDF)

In recognizing that City of Newark residents support our department through their city taxes, the City offers residents a discounted fee. Non-residents will pay the regular fee for the programs.

YOUTH VOLLEYBALL

GRADES 4 - 8

KEN CRANKER

Bump, set and spike! Find out what it's all about as we introduce boys and girls to the basic and advanced fundamental skills of volleyball and team play. Session will include instruction and drills to develop skills progressing toward the goal of game play.

Activity #: 2602-303 Fee: \$98 RDF: \$83
Dates: Sep. 13 - Oct. 18
Days: Wed. Hours: 6:30 - 7:45 p.m.
Location: West Park Elementary

ADULT VOLLEYBALL CLINIC

AGES 18 AND OVER

KEN CRANKER

Bump, set and spike! Find out what it's all about as we introduce adults to the basic and advanced fundamental skills of volleyball and team play. Each session will include instruction and drills to develop skills and improve your game.

Activity #: 3602-303 Fee: \$109 RDF: \$94
Dates: Sep. 13 - Oct. 18
Days: Wed. Hours: 8 - 9:30 p.m.
Location: West Park Elementary

TINY TOT SOCCER

AGES 3 - 4

A great introduction to a sport your child will love! Drills and fun are used to introduce and reinforce skill basics. We suggest all children wear shin guards. This is an instructional program, not a league.

Activity #: 0601-303 Fee: \$76 RDF: \$62
Dates: Sep. 9 - Oct. 14
Days: Sat. Hours: 10:30 - 11:15 a.m.
Location: Handloff Park



LITTLE KICKERS

AGES 5 - 6

Each week, the Little Kickers will receive 30 minutes of practice/instruction from coaches followed by a game. The number of participants registered will determine the number of teams. Two games may be played simultaneously on two fields or back to back on one field. Participants will be broken up in advance and find out which team they are on the first day. We are looking for interested parents who are willing to assist in the practice/instruction with the teams and then be on the sidelines with the team during the games.

Activity #: 0662-303 Fee: \$87 RDF: \$69
Dates: Sep. 9 - Oct. 14
Days: Sat. Hours: 11:30 a.m. - 12:45 p.m.
Location: Handloff Park

YOUTH SOCCER

AGES 7 - 12

Our youth soccer program is one in which boys and girls can have fun playing, learn about teamwork, develop individual skills and stay fit. We offer two levels of play including the Elementary League (7 - 9 years) and the Junior League (9 - 12 years). The Elementary and Junior leagues consist of pre-season practices and scheduled games in which everyone plays. No standings are kept, and playoffs will not be held. Players must meet age requirements as of Nov 1. Late registrations will not be guaranteed a spot on a specific team. Program kicks off on Saturday, September 9. Weeknight practices begin the week of September 11. Games will begin September 16. Games will be scheduled on Saturdays, with Sunday afternoons used as rain dates. Volunteer Coaches are needed to ensure a successful program. Coaches will receive half off registration for one child (limit two coaches per team).

ELEMENTARY SOCCER

Activity #: 1662-303 Fee: \$98 RDF: \$83
Dates: Sep. 9 - Nov. 4
Days: Sat. Hours: 9 a.m. - 1 p.m.
Location: Fairfield Park

JUNIOR SOCCER

Activity #: 1663-303 Fee: \$98 RDF: \$83
Dates: Sep. 9 - Nov. 4
Days: Sat. Hours: 9 a.m. - 1 p.m.
Location: Fairfield Park

ADULT GOLF LESSONS

AGES 18 & OVER DEERFIELD GOLF CLUB STAFF

Join our group golf lessons for four weeks of learning the basic elements of the game including full swing on the driver and irons, chipping, putting and more! Space is limited, register early!

Activity #: 3646-303 Fee: \$204 RDF: \$182
Dates: Sep. 12 - Oct. 3
Days: Tue. Hours: 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club

PARENT & CHILD GOLF

AGES 7 - 17 DEERFIELD GOLF CLUB STAFF

Tee up with your 7 - 17 year old! If you're both beginners, you'll learn the basics together. If you're already a golfer, you can improve your game while your child gets a solid introduction to the sport. It's a great way to spend time together, get some exercise and have fun! Fee covers one child and one adult; please register the child only. Each additional family member is \$85.

Activity #: 1640-303 Fee: \$240 RDF: \$216
Dates: Sep. 29 - Oct. 20
Days: Fri. Hours: 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club

LIL SHREDDERS SKATEBOARDING CLASS

AGES 6 - 8

For the little one who is itching to get on board! Participants will learn safety and the basics of skateboarding from experienced instructors, as well as play age-appropriate games and other fun activities.

Activity #: 1520-303 Fee: \$109 RDF: \$95
Dates: Sep. 13 - Oct. 11
Days: Wed. Hours: 5:30 - 6:30 p.m.
Location: Handloff Park

GRINDERS SKATEBOARDING CLASS

AGES 9 - 12

For the future ripper with less than one month of skateboarding experience, Grinders camp will focus on the basics of skateboarding, including pushing, turning, and going down banked ramps. Further curriculum will include proper use of skateboarding equipment and basic terminology. This lesson will also highlight basic tricks for more advanced participants.

Activity #: 1521-303 Fee: \$109 RDF: \$95
Dates: Sep. 13 - Oct. 11
Days: Wed. Hours: 5:30 - 6:30 p.m.
Location: Handloff Park

AFTERSCHOOL TENNIS

AGES 6 - 11

This program is designed for Downes Elementary students to walk to Handloff Park right after school. Instructor will meet students at Downes, then walk them to the park. Students who do not attend Downes are eligible to participate but need to be dropped off at Handloff Park at 3:15 p.m. With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink. Program will not meet on rainy days. In cases of inclement weather, the Leisure Time Hotline will be updated by 2 p.m., please call (302) 366-7147.

Activity #: 1653-343 Fee: \$105 RDF: \$89
Dates: Sep. 19 - Oct. 24
Days: Tue. Hours: 3:15 - 4:15 p.m.
Location: Handloff Park

TEN & UNDER TENNIS

It's a whole new ballgame for kids tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink.

AGES 5 - 7

Fee: \$105 RDF: \$89
Hours: 6 - 6:45 p.m.
Location: George Wilson Center

Activity #:	Dates:	Days:
1653-303	Sep. 12 - Oct. 17	Tue.
1653-313	Sep. 14 - Oct. 19	Thu.

AGES 8 - 10

Fee: \$105 RDF: \$89
Hours: 7 - 8 p.m.
Location: George Wilson Center

Activity #:	Dates:	Days:
1653-323	Sep. 12 - Oct. 17	Tue.
1653-333	Sep. 14 - Oct. 19	Thu.

TENNIS LESSONS

Grab your racquet for the sport of a lifetime! How many other sports can be played by anyone at any age, at any time of year, and anywhere in the world? Whether you're new to tennis or have played for years – we invite you to enjoy the game with us and other tennis lovers. Lessons provide students with basic tennis technique and skill development. The objectives for each class are to teach participants new skills appropriate to their level of play and to improve existing skills. Bring your own racquet or borrow one of our youth-sized racquets. Participants should wear tennis shoes and bring water to class. Tennis balls are provided.

ADULT SESSIONS

Ages: 16 & over Fee: \$109 RDF: \$95 Hours: 7:30 - 9 p.m.

Beginner & Advanced Beginner

Activity #:	Dates:	Days:	Location:	Instructor:
3633-303	Sep. 10 – Oct. 15	Sun.	Handloff Park	Neil McNair Jr.
3633-313	Sep. 13 - Oct. 18	Wed.	Fairfield Park	Richard Price

Intermediate & Advanced

Activity #:	Dates:	Days:	Location:	Instructor:
3635-303	Sep. 11 - Oct. 16	Mon.	Handloff Park	Richard Price



YOUTH SESSIONS

Ages 11 - 15 Fee: \$109 RDF: \$95 Hours: 5:45 - 7:15 p.m.

Youth Beginner & Advanced Beginner

Activity #:	Dates:	Days:	Location:	Instructor:
1633-303	Sep. 10 - Oct 15	Sun.	Handloff Park	Neil McNair Jr
1633-313	Sep. 13 - Oct. 18	Wed.	Fairfield Park	Richard Price

Youth Intermediate & Advanced

Activity #:	Dates:	Days:	Location:	Instructor:
1635-303	Sep. 11 - Oct. 16	Mon.	Handloff Park	Richard Price

YOUTH BASKETBALL

Our recreational youth basketball program emphasizes participation, fun, sportsmanship, and skill development. Open gym practice sessions begin the week of November 13. Teams will then be formed and practices start the week of November 27 with game play from December to early March. Each team practices or plays twice weekly. Skills Session: Each league will be conducting their own skills session on November 1 prior to the start of the practices. All players registering for the basketball leagues are encouraged to attend their league's skills session. At the skills session, players will go through a series of basketball drills. All skills sessions will be held at Newark High School on Wednesday, November 1 (Jump Shot - 5:30 p.m., Elementary - 6:00 p.m., Junior - 6:30 p.m.). Volunteer Coaches and volunteer or paid referees are needed to ensure a successful program. Coaches will receive half off registration for one child (limit two coaches per team; refunded at the end of the season). Jump Shot games will be held at West Park, some practices may take place at Downes. Elementary and Junior leagues will play games at Newark High School and some practices may take place at Downes. Practices may be held any weeknight, Mon.-Thu. Games held on days listed for each league.

JUMP SHOT BASKETBALL - 2ND & 3RD graders Games held Mon. / Wed.

Activity #: 1667-303 Fee: \$120 RDF: \$105
 Dates: Nov. 13 - Feb. 28
 Days: Mon./Wed. Hours: 6 - 8 p.m.
 Location: West Park and Downes Elementary

ELEMENTARY BASKETBALL - 4th & 5th graders Games held Tue. / Thu.

Activity #: 1655-303 Fee: \$130 RDF: \$110
 Dates: Nov. 14 - March 7
 Days: Tue./Thu. Hours: 6 - 8 p.m.
 Location: Downes Elementary and Newark High

JUNIOR BASKETBALL - 6TH - 8TH graders Games held Mon. / Wed.

Activity #: 2655-303 Fee: \$150 RDF: \$130
 Dates: Nov. 13 - March 6
 Days: Mon./Wed. Hours: 6 - 9 p.m.
 Location: Downes Elementary and Newark High

REGISTER

ONLINE

www.newarkde.gov/play

WALK IN & MAIL

Newark Parks & Recreation
 220 S Main St, Newark, DE 19711
 Mon. - Fri. 8:30 a.m. - 4:30 p.m.

PICKLEBALL INTRODUCTION

AGES 18 & OVER

LINDA WATJEN

Try one of the fastest growing sports in America! Pickleball is described as a combination of ping pong, tennis and badminton. It's a great workout for players of all ages and most importantly tons of fun! Learn how to play the game at this introductory event. No experience necessary. No paddle? No problem. Equipment will be provided if you do not bring your own.

Fee: \$22 RDF: \$17
 Location: George Wilson Park

Activity #:	Dates:	Days:	Time:
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3650-333	Sep. 6	Wed.	10 - 11:30 a.m.
3650-343	Sep. 6	Wed.	6 - 7:30 p.m.
3650-353	Sep. 8	Fri.	10:30 a.m. - 12 p.m.
3650-363	Sep. 12	Tue.	10 - 11:30 a.m.
3650-373	Sep. 13	Wed.	10 - 11:30 a.m.
3650-383	Sep. 13	Wed.	6 - 7:30 p.m.

PICKLEBALL FUNDAMENTALS

AGES 18 & OVER

LINDA WATJEN

Try one of the fastest growing sports in America! Pickleball is described as a combination of ping pong, tennis and badminton. It's a great workout for players of all ages and most importantly tons of fun! Learn the basics of the game over this 3-week lesson. No experience necessary. No paddle? No problem. Equipment will be provided if you do not bring your own.

Fee: \$39 RDF: \$28
 Location: George Wilson Park

Activity #:	Dates:	Days:	Time:
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3651-303	Sep. 19 - Oct. 3	Tue.	10 - 11:30 a.m.
3651-313	Sep. 20 - Oct. 4	Wed.	6 - 7:30 p.m.
3651-323	Sep. 22 - Oct. 6	Fri.	10:30 a.m. - 12 p.m.
3651-333	Oct. 17 - 31	Tue.	10 - 11:30 a.m.
3651-343	Oct. 18 - Nov. 1	Wed.	6 - 7:30 p.m.
3651-353	Oct. 20 - Nov. 3	Fri.	10:30 a.m. - 12 p.m.

PICKLEBALL INTERMEDIATE

AGES 18 & OVER

LINDA WATJEN

If you have some Pickleball experience and want to continue to develop higher level skills, this class is for you. Learn techniques including dinks, drop shots, drives, volleys, and blocks to improve overall game performance. No paddle? No problem. Equipment will be provided if you do not bring your own.

Fee: \$39 RDF: \$28
 Location: George Wilson Park

Activity #:	Dates:	Days:	Time:
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3652-303	Sep. 20 - Oct. 4	Wed.	10 - 11:30 a.m.
3652-313	Oct. 18 - Nov. 1	Wed.	10 - 11:30 a.m.