



CITY OF NEWARK PARKS & RECREATION

SPORTS & AQUATICS

ADULT WINTER VOLLEYBALL

Get your team together and sign up! We offer two exciting divisions:

- Gender Blind B Division – Matches held on Wednesdays
- Gender Blind A/BB Division – Matches held on Thursdays

To register, submit your team request to the Recreation Office. When registering, please specify your preferred division. Returning teams from the previous season will receive priority placement. New teams will be accepted on a first-come, first-served basis as space allows.

Key Dates & Details:

- League Play Begins: Week of November 12
- Season Ends: By early March
- Registration Deadline: September 29
- Manager Meeting: Scheduled for late October
- Deposit: \$50 required to hold your team's place
- Final Payment: Due by the manager meeting

For more information, contact Newark Parks & Recreation: parksrec@newark.de.us or (302) 366-7000

N.B.A. (NEWARK BASKETBALL IN ACTION)

AGES 18 & OVER

Looking for a great way to have fun and stay in shape for the fall? Join our drop-in basketball sessions. Teams are formed each day for informal games. All participants must register in advance

Activity #: 3630-305	Fee: \$62 RDF: \$50
Dates: Sep. 17 - Nov. 12	(No class 10/29)
Days: Wed.	Hours: 7 - 9 p.m.
Location: Newark High	

TINY TOT SWIM

AGES 1 - 3

This parent & child swim class is designed for children ages 1 to 3 years old, providing a wonderful opportunity for you and your little one to bond while learning to swim! Each half-hour session is supervised by experienced instructors who will guide you through a series of fun and engaging exercises and activities. Our weekly routine focuses on teaching essential skills such as buoyancy, propulsion, and breath control, ensuring a positive and instructive experience for your child.

Activity #: 0635-305	Fee: \$115 RDF: \$95
Dates: Sep. 13 - Oct. 18	
Days: Sat.	Hours: 8:30 – 9 a.m.
Location: Newark Senior Center	

Activity #: 0635-315	Fee: \$115 RDF: \$95
Dates: Nov. 1 - Dec. 13	(No class 11/29)
Days: Sat.	Hours: 8:30 – 9 a.m.
Location: Newark Senior Center	

PARENT & CHILD SWIM LESSONS

AGES 4 - 5

This parent & child swim class is designed for children ages 4 to 5 years old, offering a fantastic opportunity for you and your child to bond while learning to swim! Each half-hour session is supervised by a specially trained instructor who will guide you through a series of enjoyable and educational exercises and activities. Our weekly routine focuses on teaching essential skills such as buoyancy, propulsion, and breath control, ensuring a fun and instructive experience for your child.

Activity #: 0635-325	Fee: \$115 RDF: \$95
Dates: Sep. 13 - Oct. 18	
Days: Sat.	Hours: 9:15 - 9:45a.m.
Location: Newark Senior Center	

Activity #: 0635-335	Fee: \$115 RDF: \$95
Dates: Nov. 1 - Dec. 13	(No class 11/29)
Days: Sat.	Hours: 9:15 - 9:45a.m.
Location: Newark Senior Center	

BEGINNER SWIM

AGES 6 - 12

In this introductory class, participants will learn essential water orientation skills, including blowing bubbles, bobs, submerging their mouth, nose, and eyes, floating and recovering, alternating arm action, supported kicking, and jumping. Please note that this is NOT a parent/child program; participants must be comfortable being away from their parent for the duration of the lesson.

Activity #: 0630-305 Fee: \$115 RDF: \$95
Dates: Sep. 13 - Oct. 18
Days: Sat. Hours: 10 - 10:30 a.m.
Location: Newark Senior Center

Activity #: 0630-315 Fee: \$115 RDF: \$95
Dates: Nov. 1 - Dec. 13 (No class 11/29)
Days: Sat. Hours: 10 - 10:30 a.m.
Location: Newark Senior Center

ADVANCED BEGINNER SWIM

AGES 6 - 12

Participants will focus on developing fundamental aquatic skills and independently performing basic techniques, including bobs, floats, glides, flutter kicks, jumps, front and back crawls, body alignment, turning over, and body positioning. They will also begin working on rhythmic breathing. Prerequisites: Participants must be comfortable in the water and able to perform an assisted back float for 3-5 seconds.

Activity #: 1630-305 Fee: \$115 RDF: \$95
Dates: Sep. 13 - Oct. 18
Days: Sat. Hours: 10:45 – 11:15 a.m.
Location: Newark Senior Center

Activity #: 1630-315 Fee: \$115 RDF: \$95
Dates: Nov. 1 – Dec. 13 (No class 11/29)
Days: Sat. Hours: 10:45 – 11:15 a.m.
Location: Newark Senior Center



REGISTER

ONLINE

www.newarkde.gov/play

WALK IN & MAIL

Newark Parks & Recreation
220 S Main St, Newark, DE 19711
Mon. - Fri. 8:30 a.m. - 4:30 p.m.

INTERMEDIATE SWIM

AGES 6 - 12

Participants will focus on stroke development, including an introduction to deep water bobs, elementary backstroke, butterfly kick, body motion, and treading water. They will also work on improving their front and back crawl, glides, and rotary breathing. Prerequisites: Participants must be able to swim independently on their back and front for 5 yards and be comfortable in deeper water.

Activity #: 1636-305 Fee: \$115 RDF: \$95
Dates: Sep. 13 - Oct. 18
Days: Sat. Hours: 11:30 a.m. - 12 p.m.
Location: Newark Senior Center

Activity #: 1636-315 Fee: \$115 RDF: \$95
Dates: Nov. 1 - Dec. 13 (No class 11/29)
Days: Sat. Hours: 11:30 a.m. - 12 p.m.
Location: Newark Senior Center

ADVANCED SWIM LESSONS

AGES 6 - 12

Participants will focus on stroke improvement, including an introduction to breaststroke, open turns, and flip turns. They can also expect to enhance their skills in front crawl with rotary breathing, back crawl, breaststroke, butterfly, sidestroke, and elementary backstroke. Prerequisites: Participants must be able to swim one pool length using front crawl and backstroke.

Activity #: 1631-305 Fee: \$115 RDF: \$95
Dates: Sep. 13 - Oct. 18
Days: Sat. Hours: 12:15 - 12:45 p.m.
Location: Newark Senior Center

Activity #: 1631-315 Fee: \$115 RDF: \$95
Dates: Nov. 1 - Dec. 13 (No class 11/29)
Days: Sat. Hours: 12:15 - 12:45 p.m.
Location: Newark Senior Center

BASIC INTRO TO ARCHERY

AGES 8 & OVER

CAROL PROTACK, NATIONAL CERTIFIED COACH

This introductory class will cover the fundamentals of archery. The beginning archer will learn safety rules, basic shooting techniques, and about the different types of bows. Longtime instructor and National Certified Coach Carol Protrack will teach bare-bow style—the simplest setup and the best way to learn. All equipment will be provided.

Activity #: 1652-305 Fee: \$110 RDF: \$95
Dates: Sep. 8 - 29
Days: Mon. Hours: 5:45 - 7:15 p.m.
Location: New Castle 100 Archers

ADULT ARCHERY CLASS

AGES 18 & OVER

CAROL PROTACK, NATIONAL CERTIFIED COACH

This archery class is designed to introduce the sport of archery to adults. Participants will use state-of-the-art genesis bows as they learn the basics of archery. Longtime instructor and National Certified Coach Carol Protrack will teach safety, proper stance, and follow-through. You'll be hitting the bullseye in no time!

Activity #: 3654-305 Fee: \$115 RDF: \$100
Dates: Oct. 6 - 27
Days: Mon. Hours: 5:45 - 7:15 p.m.
Location: New Castle 100 Archers

RESIDENT DISCOUNT FEE (RDF)

In recognizing that City of Newark residents support our department through their city taxes, the City offers residents a discounted fee. Non-residents will pay the regular fee for the programs.

TOTSICLES

AGES 2 - 5 WITH A PARENT

This Parent/Child program is designed for kids to explore the ice through games, toys, and play. Skate rental included but participants are welcome to try the first few classes in their own shoes/boots (with tread). Helmet required for children. Recommended to dress in layers. Try snow pants for the kids because they will get snowy. (1) adult per Tot permitted.

Activity #: 0632-305 Fee: \$110 RDF: \$95
Dates: Oct. 28 - Dec. 16
Days: Tue. Hours: 10 - 10:45 a.m.
Location: Patriot Ice Center

LEARN TO ICE SKATE

AGES 3 & OVER

Learn the FUNdamentals of ice skating. Classes are designed to help skaters of all ages develop the ABCs of movement – Agility, Balance, and Coordination. No experience required, age minimum 3 years old. Includes skate rental and skill progress report. Helmet recommended and protective gear is at the discretion of the skater. Instructors are Learn to Skate USA certified and compliant with U.S. Figure Skating's SkateSafe program. All skaters must register for a Learn to Skate USA membership prior to getting on the ice. This membership can be purchased at www.learntoskateusa.com.

AGES 3 & OVER

Activity #: 1642-305 Fee: \$155 RDF: \$150
Dates: Sep. 7 - Oct. 26 (No class 9/28)
Days: Sundays Hours: 11:50 a.m. - 12:20 p.m.
Location: Patriot Ice Center
Public skating 12:30-2 p.m. included

AGES 3 & OVER

Activity #: 1642-315 Fee: \$155 RDF: \$150
Dates: Nov. 2 - Dec. 21 (No class 11/30)
Days: Sundays Hours: 11:50 a.m. - 12:20 p.m.
Location: Patriot Ice Center
Public skating 12:30-2 p.m. included

YOUTH VOLLEYBALL CLINIC

GRADES 4 - 8

KEN CRANKER

Bump, set, spike—and grow your game! Join us for a fun and engaging outdoor volleyball clinic designed to teach youth the fundamentals of the sport. Participants will build both basic and advanced skills through drills, instruction, and teamwork—all leading up to real gameplay. Whether your child is new to volleyball or ready to level up their skills, this 5-week clinic with award-winning instructor Ken Cranker is a great way to get active, learn the game, and make new friends!

Activity #: 2602-305 Fee: \$98 RDF: \$83
Dates: Sep. 13 - Oct. 11
Days: Sat. Hours: 4 - 5:30 p.m.
Location: Downes Elementary School Field

ADULT VOLLEYBALL CLINIC

AGES 18 AND OVER

KEN CRANKER

Bump, set, spike—and elevate your game! Take your volleyball skills to the next level in this 5-week intermediate clinic focused on intermediate and advanced fundamentals. Designed for players with prior experience, each session will feature targeted instruction, skill-building drills, and team strategies to refine technique and boost performance. Whether you're aiming to sharpen your serve, improve court awareness, or become a stronger team player, this clinic with award-winning instructor Ken Cranker is your next step. Challenge yourself. Build confidence. Play smarter.

Activity #: 3602-305 Fee: \$120 RDF: \$104
Dates: Sep. 15 - Oct. 20 (No class 9/22)
Days: Mon. Hours: 8 - 9:30 p.m.
Location: West Park Elementary

TINY TOTS SOCCER

AGES 3 - 4

A great introduction to a sport your child will love! Fun drills and games are used to introduce and reinforce basic skills. We suggest all children wear shin guards. This is an instructional program, not a league.

Activity #: 0601-305 Fee: \$85 RDF: \$69
Dates: Sep. 13 - Oct. 18
Days: Sat. Hours: 10:30 - 11:15 a.m.
Location: Handloff Park

LITTLE KICKERS

AGES 5 - 6

Each week, Little Kickers will enjoy 30 minutes of practice/instruction from coaches followed by a game. The number of participants registered will determine the number of teams. Two games may be played simultaneously on two fields or back-to-back on one field. Participants will be broken up in advance and find out which team they are on the first day. We are also looking for interested parents who are willing to assist in the practice/instruction with the teams and then be on the sidelines with the team during the games.

Activity #: 0662-305 Fee: \$95 RDF: \$75
Dates: Sep. 13 - Oct. 18
Days: Sat. Hours: 11:30 a.m. - 12:45 p.m.
Location: Handloff Park

YOUTH SOCCER

AGES 7 - 10

Join us for an exciting season of learning, teamwork, and fun! Our youth soccer program welcomes boys and girls to develop their skills, build friendships, and enjoy the game in a supportive, non-competitive environment.

The season kicks off Saturday, September 6, with weeknight practices starting the week of September 8. Most games are played on Saturdays, with occasional weeknight matchups depending on the number of teams.

- Everyone plays, no standings are kept, and there are no playoffs.
- Players must meet age requirements as of Nov. 1.
- Late registrations may not guarantee placement on a specific team.
- Shin guards are recommended for practices and required for games.

We are also seeking Volunteer Coaches! Coaches receive a 50% refund on one child's registration at season's end (limit two coaches per team).

Come be part of the action—soccer, smiles, and great memories await!

Activity #: 1662-305 Fee: \$110 RDF: \$100
Dates: Sep. 6 - Nov. 1
Days: Sat. Hours: 9 a.m. - 1 p.m.
Location: Kells Park

ADULT GOLF LESSONS

AGES 18 & OVER DEERFIELD GOLF CLUB STAFF

Join our group golf lessons for four weeks of learning the basic elements of the game including full swing on the driver and irons, chipping, putting and more! Space is limited, register early!

Activity #: 3646-305 Fee: \$225 RDF: \$200
Dates: Sep. 2 - 23
Days: Tue. Hours: 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club

PARENT & CHILD GOLF

AGES 7 - 17 DEERFIELD GOLF CLUB STAFF

Tee up with your 7 - 17 year old! If you're both beginners, you'll learn the basics together. If you're already a golfer, you can improve your game while your child gets a solid introduction to the sport. It's a great way to spend time together, get some exercise and have fun! Fee covers one child and one adult; please register the child only. Each additional family member is \$95.

Activity #: 1640-305 Fee: \$265 RDF: \$240
Dates: Sep. 30 - Oct. 21
Days: Tue. Hours: 5:30 - 6:30 p.m.
Location: Deerfield Golf & Tennis Club

LIL SHREDDERS SKATEBOARDING CLASS

AGES 6 - 8

Calling all little adventurers ready to roll! This fun, beginner-friendly class introduces young children to the basics of skateboarding in a safe and playful environment.

Kids will learn skate safety, how to balance and push, and explore the skate park through age-appropriate games and activities. Our friendly instructors make learning fun and encourage every step of the way.

Parents are invited to join the fun—cheer from the sidelines or hop in and participate alongside your child!

Activity #: 1520-305 Fee: \$120 RDF: \$105
Dates: Sep. 10 - Oct. 8
Days: Wed. Hours: 5:30 - 6:30 p.m.
Location: Handloff Park

GRINDERS SKATEBOARDING CLASS

AGES 9 - 12

Ready to ride? Whether you're just starting out or building your skills, Grinders is the perfect 5-week class for future rippers looking to roll with confidence.

Learn the essentials—pushing, turning, and cruising banked ramps—with hands-on instruction in a fun, supportive environment. You'll also get familiar with skateboarding gear, key terminology, and even pick up a few cool tricks along the way!

All skill levels welcome. Bring your board, your helmet, and your stoke—let's shred!

Activity #: 1521-305 Fee: \$120 RDF: \$105
Dates: Sep. 10 - Oct. 8
Days: Wed. Hours: 5:30 - 6:30 p.m.
Location: Handloff Park



YOUTH BASKETBALL LEAGUES

Get in the game with our recreational youth basketball league! Designed for fun, skill-building, and teamwork, our program focuses on participation, sportsmanship, and player development in an encouraging environment.

Our recreational youth basketball program is all about participation, fun, sportsmanship, and skill development. Whether your child is new to the game or looking to grow as a player, our league provides a supportive and exciting environment to learn and compete.

Before the season starts, each league will hold Open Gym and Skills Sessions nights. These opportunities give players a chance to brush up on fundamentals and work on their game. They also help coaches get to know players and form balanced teams. All registered players are strongly encouraged to attend.

Program Timeline:

Jump Shot Skills Sessions (6 - 7 P.M.):

Thursdays, Oct. 30, Nov. 6, Nov. 13

Elementary Open Gyms (6 - 7 P.M.):

Mondays, Oct. 27, Nov. 3

Elementary Skills Session (6 - 7 P.M.):

Wed., Nov. 12

Junior Open Gyms (6 - 7 P.M.):

Thursdays, Oct. 30, Nov. 6

Junior Skills Session (6 - 7 P.M.):

Thursdays, Nov. 13

Team Practices Begin: Week of December 1

Games Played: From mid-December through early March

Sessions: Each team will practice or play twice a week.

Locations:

Jump Shot League: West Park Place; some practices may be scheduled at Downes

Elementary & Junior Leagues: Newark High; some practices may be scheduled at Downes

Volunteer Opportunities: We rely on dedicated volunteer coaches and referees to keep the season running smoothly. All coaches receive 50% off one child's registration. Limit two coaches per team. Refund/credit processed at season's end. Employment opportunities are also available for referees, gym supervisors and scorekeepers. Contact us at parksrec@newark.de.us for more information. Help your child grow on and off the court-register today and be part of something special this basketball season.

JUMP SHOT BASKETBALL - 2ND & 3RD graders Games held Tue. / Thu.

Activity #: 1667-305 Fee: \$120 RDF: \$105
Dates: Oct. 28 - Feb. 26
Days: Tue. / Thu. Hours: 6 - 8 p.m.
Location: West Park Place & Downes Elementary

ELEMENTARY BASKETBALL - 4TH & 5TH graders Games held Mon. / Wed. / Fri.

Activity #: 1655-305 Fee: \$130 RDF: \$110
Dates: Oct. 27 - Mar. 6
Days: Mon. / Wed. / Fri. Hours: 6 - 8 p.m.
Location: Newark High School

JUNIOR BASKETBALL - 6TH - 8TH graders Games held Tue. / Thu.

Activity #: 2655-305 Fee: \$150 RDF: \$130
Dates: Oct. 30 - Mar. 5
Days: Tue. / Thu. Hours: 6 - 9 p.m.
Location: Newark High School



TENNIS LESSONS

Grab your racquet for the sport of a lifetime! How many other sports can be played by anyone at any age, at any time of year, and anywhere in the world? Whether you're new to tennis or have played for years – we invite you to enjoy the game with us and other tennis lovers. Lessons focus on basic tennis techniques and skill development, with objectives tailored to teach participants new skills appropriate to their level of play while improving existing ones. Bring your own racquet or borrow one of our youth-sized racquets. Participants should wear tennis shoes and bring water to class. Tennis balls will be provided.

ADULT SESSIONS

Ages: 16 & over Fee: \$125 RDF: \$110 Hours: 7:30 - 9 p.m.

Beginner & Advanced Beginner

Activity #:	Dates:	Days:	Location:	Instructor:
3633-305	Sep. 14 – Oct. 19	Sun.	Handloff Park	Neil McNair Jr.
3633-315	Sep. 17 - Oct. 22	Wed.	Fairfield Park	Neil McNair Jr.

Intermediate & Advanced

Activity #:	Dates:	Days:	Location:	Instructor:
3635-305	Sep. 15 - Oct. 20	Mon.	Handloff Park	Richard Price

YOUTH SESSIONS

Ages 11 - 15 Fee: \$125 RDF: \$110 Hours: 5:45 - 7:15 p.m.

Youth Beginner & Advanced Beginner

Activity #:	Dates:	Days:	Location:	Instructor:
1633-305	Sep. 14 - Oct 19	Sun.	Handloff Park	Neil McNair Jr.
1633-315	Sep. 17 - Oct. 22	Wed.	Fairfield Park	Neil McNair Jr.

Youth Intermediate & Advanced

Activity #:	Dates:	Days:	Location:	Instructor:
1635-305	Sep. 15 - Oct. 20	Mon.	Handloff Park	Richard Price

ADULT RED BALL TENNIS



Red Ball Tennis drops the pressure and dials up the fun of the classic game we all love. Whether you're new to tennis, returning after a break, or just looking to get active, Red Ball makes it easy to jump in. With a larger, softer red ball and smaller court dimensions, it's all about high-energy play without formal courts or strict rules. This is a fantastic opportunity to try tennis with one of our instructors and see if you'd like to register for a fall lesson. Please pre-register!

Ages:	Activity #:	Fee:	Dates:	Days:	Time:	Location:
16 & over	3633-305	FREE	Sep. 10	Wed.	7 - 8 p.m.	Handloff Park

TEN & UNDER TENNIS

It's a whole new ballgame for kids' tennis! With equipment and courts designed to meet their needs and abilities, children will feel confident as soon as they pick up a racquet. Lessons will be engaging and taught in a playful manner, ensuring a fun experience for all. Racquets will be provided, and children should wear sneakers and bring water to stay hydrated.

Ages 5 - 7

Fee: \$115 RDF: \$99
Hours: 6 - 6:45 p.m.
Location: George Wilson Center

Activity #:	Dates:	Days:
1653-305	Sep. 16 - Oct. 21	Tue.
1653-315	Sep. 18 - Oct. 23	Thu.

Ages 8 - 10

Fee: \$115 RDF: \$99
Hours: 7 - 8 p.m.
Location: George Wilson Center

Activity #:	Dates:	Days:
1653-325	Sep. 16 - Oct. 21	Tue.
1653-335	Sep. 18 - Oct. 23	Thu.

AFTER SCHOOL TENNIS

AGES 6 - 11

This program is designed for Downes Elementary students to walk to Handloff Park right after school. An instructor will meet students at Downes and accompany them to the park. Students who do not attend Downes are also welcome to participate but must be dropped off at Handloff Park at 3:15 p.m.

With equipment and courts tailored to their needs and abilities, kids will feel confident as soon as they pick up a racquet. Lessons will be engaging and taught in a playful manner. Racquets will be provided, and children should wear sneakers and bring water to stay hydrated.

Please note that the program will not meet on rainy days. In cases of inclement weather, the Leisure Time Hotline will be updated by 2 p.m. For updates, please call (302) 366-7147.

Activity #: 1653-345
Dates: Sep. 17 - Oct. 22
Days: Wed.
Location: Handloff Park

Fee: \$115 RDF: \$99
Hours: 3:15 - 4:15 p.m.

PICKLEBALL: BEGINNER: MASTERING THE FUNDAMENTALS

AGES 18 & OVER

RICHARD PRICE

This beginner class is ideal for newcomers and those with some experience who want to build a strong foundation in pickleball. You'll start with the basics, learning essential rules, etiquette, and equipment. As you progress, you'll practice fundamental skills such as grip, strokes, and court positioning. The class will also emphasize consistency, basic techniques, and strategies, featuring drills designed to refine your game. By the end of the course, you'll have a solid understanding of pickleball fundamentals and the confidence to play effectively on the court.

Fee: \$75 RDF: \$60
Location: George Wilson Park

Activity #:	Dates:	Days:	Time:
3651-305	Sep. 16 - 30	Tue.	10:15 - 11:45 a.m.
3651-315	Sep. 18 - Oct. 2	Thu.	12 - 1:30 p.m.
3651-325	Oct. 7 - 21	Tue.	10:15 - 11:45 a.m.
3651-335	Oct. 9 - 23	Thu.	12 - 1:30 p.m.

PICKLEBALL: INTERMEDIATE: SKILLS & STRATEGY

AGES 18 & OVER

RICHARD PRICE

This intermediate class is designed for players who have a solid understanding of the basics and are eager to elevate their game. You'll explore advanced strokes and strategic play, focusing on enhancing your court awareness, positioning, and shot selection. By the end of the course, you'll adopt a more sophisticated approach to pickleball, equipped with the skills and strategies needed to compete at a higher level.

Fee: \$75 RDF: \$60
Location: George Wilson Park

Activity #:	Dates:	Days:	Time:
3652-305	Sep. 16 - 30	Tue.	12 - 1:30 p.m.
3652-315	Sep. 18 - Oct. 2	Thu.	10:15 - 11:45 a.m.
3652-325	Oct. 7 - 21	Tue.	12 - 1:30 p.m.
3652-335	Oct. 9 - 23	Thu.	10:15 - 11:45 a.m.

