

## SWIM LESSONS

Due to remodeling, Newark Parks and Recreation will be unable to offer swim lessons for the fall season. Lessons will resume in January 2018. We are sorry for any inconvenience this may cause.

see you next year!

# SOCCER

## YOUTH SOCCER

### AGES 7 - 12

Our youth soccer program is one in which boys and girls can have fun playing, learn about teamwork, develop individual skills and stay fit. We offer two levels of league play including the Elementary League (7 - 9 years) and the Junior League (9 - 12 years). The Elementary and Junior leagues consist of pre-season practices and scheduled games in which everyone plays. Standings are kept in the Junior League only, with each team qualifying for the playoffs. Players must meet age requirements as of Nov 1. Late registrations will not be guaranteed a spot on a specific team. Practices for the Elementary and Junior leagues begin the week of August 21, taking place on weeknight evenings and weekends. League play will begin on Sep. 9. Games will be scheduled on Saturdays, with Sunday afternoons used as rain dates. Players are encouraged to wear shin guards during practice sessions and games. Volunteer Coaches are needed to ensure a successful program. New this year coaches will receive half off registration for one child (limit two coaches per team; refunded at the end of the season).

### ELEMENTARY SOCCER

**Activity #:** 1662-307

**Dates:** Aug. 21 - Nov. 4

**Days:** Sat.

**Location:** Fairfield Park

**Fee:** \$70 **RDF:** \$55

**Hours:** 9 - 11 a.m.

### JUNIOR SOCCER

**Activity #:** 1663-307

**Dates:** Aug. 21 - Nov. 11

**Days:** Sat.

**Location:** Kells Park

**Fee:** \$79 **RDF:** \$65

**Hours:** 9 - 11 a.m.

### LITTLE KICKERS

#### AGES 5 - 6

Each week, the Little Kickers will receive 30 minutes of practice/instruction from coaches followed by a game. The number of participants registered will determine the number of teams. Participants will be broken up in advance and find out which team they are on the first day. We are looking for interested parents who would be willing to assist in the practice / instruction with the teams and then be on the sidelines with the team during the games.

**Activity #:** 0662-307

**Dates:** Sep. 9 - Oct. 14

**Days:** Sat.

**Location:** Handloff Park

**Fee:** \$65 **RDF:** \$50

**Hours:** 11:30 a.m. - 12:45 p.m.

### SOCCEROOS

#### AGES 4 - 6

This program is a great introduction to the world's most popular sport! This class will be taught indoors and will focus on basic skill development such as dribbling, passing, receiving, shooting, and eye/foot coordination. We'll cover the basic rules and emphasize fun. We suggest that all children wear shin guards.

**Activity #:** 1603-108

**Dates:** Jan. 11 - Feb. 15

**Days:** Thu.

**Location:** McVey Elementary

**Fee:** \$55 **RDF:** \$40

**Hours:** 6 - 7 p.m.

### TINY TOT SOCCER

#### AGES 3 - 4

A great introduction to a sport your child will love! Drills and fun are used to introduce and reinforce skill basics. We suggest that all children wear shin guards. This is an instructional program, not a league.

**Activity #:** 0601-307

**Dates:** Sep. 9 - Oct. 14

**Days:** Sat.

**Location:** Handloff Park

**Fee:** \$55 **RDF:** \$40

**Hours:** 10:30 - 11:15 a.m.

# FLAG FOOTBALL

### LITTLE GRIDIRON STARS - NEW!

#### AGES 4 - 7

**ALEX SCHOLL**

A great introduction to America's most popular sport! Fundamentals of flag football will be instructed through different games and drills weekly. We'll cover the basic rules and emphasize fun.

**Activity #:** 0526-307

**Dates:** Sep. 11 - Oct. 9

**Days:** Mon.

**Location:** Handloff Park

**Fee:** \$59 **RDF:** \$45

**Hours:** 5:30 - 6:30 p.m.

# ADULT SPORTS

## ADULT WINTER VOLLEYBALL LEAGUES

Teams interested in joining our winter volleyball leagues should submit a request to the Recreation Office. There are two divisions: Gender Blind B (Wednesdays) and A/BB (Thursdays). Please specify a division when registering. Last year's teams will be given priority placement. New teams will be accepted on a first come, first served basis, as openings occur. League play will begin the week of Nov. 8 and end in March. A mandatory organizational meeting will be held Tuesday, Oct. 17 at 7:30 p.m. in the Newark Municipal Building, 220 South Main Street. For more information call the Recreation Office at (302) 366-7000.

## CO-REC VOLLEYBALL

### AGES 18 & OVER

Grab a friend and join other volleyball lovers for fun and fitness! All players must register in advance. All equipment is provided. Pick up teams are formed nightly for games.

**Activity #:** 3631-108      **Fee:** \$75 **RDF:** \$60  
**Dates:** Jan. 4 - Mar. 27  
**Days:** Tue. & Thu.      **Hours:** 8 - 9:30 p.m.  
**Location:** West Park Elementary

## ADULT CO-ED KICKBALL - NEW!

### AGES 16 & OVER

Kickball is not just for recess anymore! Register as a team for our double elimination kickball tournament. No practice (or skill!) required. This game is simple... two teams, bases, and a BIG RED BALL. Teams will consist of a minimum of 8 players, 3 of whom must be female. Players must be at least 16 years of age. Games will be played on Tuesday and Thursday evenings. Minimum of four teams needed to run the tournament.

**Activity #:** 3668-307      **Fee:** \$20 per team  
**Dates:** Sep. 12 - 28  
**Days:** Tue. & Thu.      **Hours:** 6 - 7:30 p.m.  
**Location:** Handloff Park

## N.B.A. (NEWARK BASKETBALL IN ACTION)

### AGES 18 & UP

Looking for a great way to have fun and stay in shape for the fall & winter months? Join our drop-in basketball sessions. Teams are formed each day for informal games. All participants must register in advance.

**Activity #:** 3630-307      **Fee:** \$59 **RDF:** \$45  
**Dates:** Sep. 20 - Dec. 13  
**Days:** Wed.      **Hours:** 7 - 9 p.m.  
**Location:** Newark High

**Activity #:** 3630-108      **Fee:** \$59 **RDF:** \$45  
**Dates:** Jan. 3 - Mar. 28  
**Days:** Wed.      **Hours:** 7 - 9 p.m.  
**Location:** Newark High



# GYMNASTICS

## AFTER SCHOOL GYMNASTICS - BEGINNER

### AGES 5 - 11

A popular afterschool gymnastics program open to anyone! Goals are to build self-esteem, strength and basic skills in gymnastics in a safe and friendly non-competitive learning environment. Beginner class includes basic skills introduced on Floor (forward/backward rolls, beginning handstands), variety of locomotor skills such as galloping, skipping, "animal walks", Balance beam (learning mounts, dismounts, basic walks, turns), Bars (Uneven and Even), and beginning Vault.

**Fee:** \$65      **Hours:** 3:30 - 4:30 p.m.      **Location:** Downes Elementary

### SEP. - OCT.

**Activity #:** 1621-307  
**Dates:** Sep. 12 - Oct. 17  
**Days:** Tue.

**Activity #:** 1621-317  
**Dates:** Sep. 14 - Oct. 26 (No class 9/21)  
**Days:** Thu.

### NOV. - DEC.

**Activity #:** 1621-327  
**Dates:** Nov. 7 - Dec. 12  
**Days:** Tue.

**Activity #:** 1621-337  
**Dates:** Nov. 9 - Dec. 21 (No class 11/23)  
**Days:** Thu.

## AFTER SCHOOL GYMNASTICS - INTERMEDIATE

### AGES 5 - 11

A popular afterschool gymnastics program open to anyone! Goals are to build self-esteem, strength and basic skills in gymnastics in a safe and friendly non-competitive learning environment. Intermediate class includes intermediate skills on Floor (handstand to roll, one-hand cartwheels, beginning kick-overs), Beam (tuck jumps, handstands, leaps), Vault (tuck, straddle), and Bars (pull-overs, basic dismounts).

**Fee:** \$65      **Hours:** 4:30 - 5:30 p.m.      **Location:** Downes Elementary

### SEP. - NOV.

**Activity #:** 1622-307  
**Dates:** Sep. 12 - Oct. 17  
**Days:** Tue.

**Activity #:** 1622-317  
**Dates:** Sep. 14 - Oct. 26 (No class 9/21)  
**Days:** Thu.

### NOV. - DEC.

**Activity #:** 1622-327  
**Dates:** Nov. 7 - Dec. 12  
**Days:** Tue.

**Activity #:** 1622-337  
**Dates:** Nov. 9 - Dec. 21 (No class 11/23)  
**Days:** Thu.

## AFTER SCHOOL GYMNASTICS - ADVANCED

### AGES 5 - 11

A popular afterschool gymnastics program open to anyone! Goals are to build self-esteem, strength and basic skills in gymnastics in a safe and friendly non-competitive learning environment. Advanced class includes advanced skills on Floor (handstand rolls, back and front walkovers, round-offs, dive cartwheels/rolls, back handsprings), Beam (jumps, leaps, handstands, beginning cartwheels, round-off dismounts), Vault (beginning handspring), and Bars (back/front hip circles, low and high bar dismounts).

**Fee:** \$65      **Hours:** 5:30 - 6:30 p.m.      **Location:** Downes Elementary

### SEP. - OCT.

**Activity #:** 1623-307  
**Dates:** Sep. 12 - Oct. 17  
**Days:** Tue.

**Activity #:** 1623-317  
**Dates:** Sep. 14 - Oct. 26 (No class 9/21)  
**Days:** Thu.

### NOV. - DEC.

**Activity #:** 1623-327  
**Dates:** Nov. 7 - Dec. 12  
**Days:** Tue.

**Activity #:** 1623-337  
**Dates:** Nov. 9 - Dec. 21 (No class 11/23)  
**Days:** Thu.

# ARCHERY

## ARCHERY CLINIC

**AGES 8 & UP**

**CAROL PROTACK**

This archery clinic is designed to introduce the sport of archery. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. You will be hitting the bull's eye in no time. Space is limited. Pre-registration is required by the Friday before the event.

**Activity #:** 1651-307

**Fee:** \$25 **RDF:** \$18

**Dates:** Sep. 25

**Days:** Mon.

**Hours:** 5:30 - 7:30 p.m.

**Location:** New Castle 100 Archers

## BASIC INTRODUCTION TO ARCHERY

**AGES 8 & UP**

**CAROL PROTACK**

This introductory class will cover the fundamentals of archery. The beginning archer will learn safety rules, basic shooting techniques and about the different types of bows. Bare-bow style of archery instruction will be taught. This is the simplest bow set up and the best way to start out learning. All equipment will be provided for you, please do not bring your own.

**Activity #:** 1652-307

**Fee:** \$57 **RDF:** \$41

**Dates:** Oct. 2 - 23

**Days:** Mon.

**Hours:** 5:30 - 7 p.m.

**Location:** New Castle 100 Archers

## ADULT ARCHERY CLASS - NEW!

**AGES 20 & UP**

**CAROL PROTACK**

This archery class is designed to introduce the sport of archery to adults. Participants will use state of the art compound bows as they learn the basics of archery. Safety, proper stance and follow through will be taught. You will be hitting the bull's eye in no time.

**Activity #:** 3654-307

**Fee:** \$62 **RDF:** \$46

**Dates:** Nov. 6 - 27

**Days:** Mon.

**Hours:** 5:30 - 7 p.m.

**Location:** New Castle 100 Archers

# PICKLEBALL

## PICKLEBALL

**AGES 18 & UP**

**TOM FOSTER**

Try one of the fastest growing sports in America! Pickleball is a sport described as a combination of ping pong, tennis and badminton. It's a great workout for players of all ages and most importantly tons of fun! We are pleased to announce the tennis court at the George Wilson Center now has lines painted for pickleball. Learn how to play the game at this introductory event. No experience necessary. No Paddle? No problem. Equipment will be provided if you do not bring your own.

**Activity #:** 1618-307

**Fee:** FREE

**Dates:** Sep. 21

**Days:** Thu.

**Hours:** 10 - 11:30 a.m.

**Location:** George Wilson Park

# VOLLEYBALL

## YOUTH VOLLEYBALL

**4TH - 8TH GRADE**

**KEN CRANKER**

Bump, set and spike! Find out what it's all about as we introduce boys and girls to the basic and advanced fundamental skills of volleyball and team play. Each session will include instruction and drills to develop skills progressing toward the goal of game play. Players will be divided based on skill level.

**Activity #:** 2602-307

**Fee:** \$79 **RDF:** \$65

**Dates:** Sep. 13 - Oct. 18

**Days:** Wed.

**Hours:** 6:15 - 7:30 p.m.

**Location:** West Park Elementary

# GOLF

## GOLF FOR GIRLS

**AGES 7 - 17**

**DEERFIELD GOLF CLUB STAFF**

This program provides an opportunity for girls ages 7 - 17 to learn to play golf, build lasting friendships, and experience competition in a fun, supportive environment, preparing them for a lifetime of enjoyment with the game of golf.

**Activity #:** 1640-307

**Fee:** \$141 **RDF:** \$124

**Dates:** Aug. 28 - Sep. 1

**Days:** Mon. - Fri.

**Hours:** 4:30 - 5:30 p.m.

**Location:** Deerfield Golf & Tennis Club

## PARENT & CHILD GOLF

**AGES 7 - 17**

**DEERFIELD GOLF CLUB STAFF**

Tee up with your 7 - 17 year old this fall! If you're both beginners, you'll learn the basics together; if you're already a golfer, you can improve your game while your child gets a solid introduction to the sport. It's a great way to spend time together, get some exercise and have fun! Fee covers one child and one adult; please register the child only. Each additional family member is \$85.

**Activity #:** 1640-317

**Fee:** \$210 **RDF:** \$188

**Dates:** Aug. 28 - Sep. 1

**Days:** Mon. - Fri.

**Hours:** 5:30 - 6:30 p.m.

**Location:** Deerfield Golf & Tennis Club

## FALL FUN GOLF

**AGES 7 - 17**

**DEERFIELD GOLF CLUB STAFF**

Fall into Fun and swing into golf! Deerfield Golf Club is offering a fall golf clinic that is sure to give you 5 Days of Fun learning the game of golf! The instructional program is designed to spend one hour each day working on a different element of the game starting on a Monday and ending on Friday. The 5 Days of Fun clinic includes putting, chipping, pitching, full swing and more! Space is limited so be sure to sign up early!

**Activity #:** 1644-307

**Fee:** \$141 **RDF:** \$124

**Dates:** Sep. 11 - 15

**Days:** Mon. - Fri.

**Hours:** 4:30 - 5:30 p.m.

**Location:** Deerfield Golf & Tennis Club

# TENNIS

## TENNIS

Grab your racquet for the sport of a lifetime! How many other sports can be played by anyone at any age, at any time of year, and anywhere in the world? Whether you're new to tennis or have played for years – we invite you to enjoy the game with us and other tennis lovers. Lessons provide students with basic tennis technique and skill development. The objectives for each class are to teach you new skills appropriate to your level of play and to improve your existing skills. Bring your own racquet or borrow one of our youth-sized racquets. Tennis shoes are required. We provide tennis balls. Bring water to class.

### ADULT TENNIS AGES 16 & OVER

Fee: \$75 RDF: \$58 Hours: 7:30 - 9 p.m.

#### BEGINNER / ADV. BEGINNER

Activity #	Dates	Days	Location
3633-317	Sep. 7 - Oct. 12	Thu.	Fairfield Park
3633-307	Sep. 10 - Oct. 15	Sun.	Handloff Park

#### INTERMEDIATE/ADVANCED

Activity #	Dates	Days	Location
3635-307	Sep. 11 - Oct. 16	Mon.	Handloff Park

### YOUTH TENNIS AGES 11 - 15

Fee: \$75 RDF: \$58 Hours: 5:45 - 7:15 p.m.

#### BEGINNER

Activity #	Dates	Days	Location
1633-317	Sep. 7 - Oct. 12	Thu.	Fairfield Park
1633-307	Sep. 10 - Oct. 15	Sun.	Handloff Park

#### INTERMEDIATE/ADVANCED

Activity #	Dates	Days	Location
1635-307	Sep. 11 - Oct. 16	Mon.	Handloff Park

## TEN AND UNDER TENNIS

### AGES 5 - 10

It's a whole new ballgame for kid's tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Using the QuickStart Tennis format allows kids to rally back and forth over the net right away and enjoy the game right from the start. Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink.

#### AGES 5 - 7

Activity #: 1653-307 Fee: \$69 RDF: \$55  
 Dates: Sep. 12 - Oct. 17  
 Days: Tue. Hours: 6 - 6:45 p.m.  
 Location: George Wilson Center

Activity #: 1653-317 Fee: \$69 RDF: \$55  
 Dates: Sep. 14 - Oct. 19  
 Days: Thu. Hours: 6 - 6:45 p.m.  
 Location: George Wilson Center

#### AGES 8 - 10

Activity #: 1653-327 Fee: \$69 RDF: \$55  
 Dates: Sep. 12 - Oct. 17  
 Days: Tue. Hours: 7 - 8 p.m.  
 Location: George Wilson Center

Activity #: 1653-337 Fee: \$69 RDF: \$55  
 Dates: Sep. 14 - Oct. 19  
 Days: Thu. Hours: 7 - 8 p.m.  
 Location: George Wilson Center

## AFTERSCHOOL TENNIS

### AGES 6 - 10

This program is designed for Downes Elementary students to walk to Handloff Park right after school. Instructor will meet students at Downes, then walk them to the park. Students who do not attend Downes are eligible to participate but would need to be dropped off at Handloff Park at 3:15 p.m. It's a whole new ballgame for kid's tennis! With equipment and courts tailored to suit their needs and abilities, kids will feel confident as soon as they pick up a racquet. Using the QuickStart Tennis format allows kids to rally back and forth over the net right away and enjoy the game right from the start. You'd never send your 8-year-old out with adult-sized equipment to a full-sized baseball field or basketball court, so why do that on a tennis court? Lessons will be fun and taught in a playful manner. Racquets will be provided. Children should wear sneakers and bring water to drink. Program will not meet on rainy days. In cases of inclement weather, the Leisure Time Hotline will be updated by 2 p.m., please call (302) 366-7147.

Activity #: 1653-347 Fee: \$65 RDF: \$49  
 Dates: Sep. 11 - Oct. 16  
 Days: Mon. Hours: 3 - 4:15 p.m.  
 Location: Handloff Park

# BASKETBALL

## YOUTH BASKETBALL LEAGUES

### AGES 8 - 14

Our recreational youth basketball program emphasizes participation, fun, sportsmanship, and skill development. Practice sessions begin in November with league play from early December to mid-March. Each team practices or plays twice weekly. All participants must meet age guidelines as of March 1, 2018 (proof of age required with registration). Skills Session: Each league will be conducting their own skills session on October 17 prior to the start of the practices. All players registering for the basketball leagues must attend their league's skills session. Previous year players to the league who register before the skills session can return to their team from last year. They don't need to come to the skills session unless they request to be placed on a different team. Late registrations (after October 17) will not be guaranteed a spot on a specific team. At the skills session, players will go through a series of basketball drills. All skills sessions will be held at West Park Elementary School on Tuesday, October 17 (Jump Shot - 5:30 p.m., Elementary - 6:00 p.m., Junior - 6:30 p.m.). Volunteer Coaches are needed to ensure a successful program. New this year coaches will receive half off registration for one child (limit two coaches per team; refunded at the end of the season).

League:	Ages:	Activity #:	Fee:	RDF:	Dates	Days:	Hours:	Location:
Jump Shot	8 - 9	1667-307	\$107	\$90	Nov. 6 - Mar. 15	Mon. - Thu.	6 - 8 p.m.	West Park Elementary
Elementary	10 - 11	1655-307	\$118	\$98	Nov. 6 - Mar. 15	Mon. - Thu.	6 - 8 p.m.	Downes Elementary
Junior	12 - 14	2655-307	\$138	\$118	Nov. 6 - Mar. 15	Mon. & Thu.	6 - 8 p.m.	Newark High

## PINT SIZE BASKETBALL

### AGES 4 - 7

Fun, teamwork, sportsmanship and learning the fundamentals of dribbling, passing, and shooting are the goals of this program. Scrimmage games will be played. All equipment is provided. Boys and girls are welcome. Gym shoes must be worn.

### AGES 4 - 5

**Activity #:** 0600-108  
**Dates:** Jan. 8 - Feb. 12  
**Days:** Mon.  
**Location:** McVey Elementary

**Fee:** \$66 **RDF:** \$50  
(No class 1/15)  
**Hours:** 6 - 6:45 p.m.

### AGES 6 - 7

**Activity #:** 1600-108  
**Dates:** Jan. 8 - Feb. 12  
**Days:** Mon.  
**Location:** McVey Elementary

**Fee:** \$66 **RDF:** \$50  
(No class 1/15)  
**Hours:** 7 - 7:45 p.m.

# SKATEBOARDING

## LIL SHREDDERS SKATEBOARDING CLASS

### AGES 4 - 7

For the little one who is itching to get on board! Participants will learn safety and the basics of skateboarding from experienced instructors, as well as play age-appropriate games and other fun activities. Parents are encouraged to attend and participate with their child. All skaters under the age of 6 must have a parent present during camp/lesson.

**Activity #:** 1520-307  
**Dates:** Sep. 9 - 23  
**Days:** Sat.  
**Location:** Handloff Park

**Fee:** \$90 **RDF:** \$75  
**Hours:** 9:30 - 10:30 a.m.

## GRINDERS (BEGINNER) SKATEBOARDING CLASS

### AGES 8 - 12

For the future ripper with less than one month of skateboarding experience, Grinders camp will focus on the basics of skateboarding, including pushing, turning, and going down banked ramps. Further curriculum will include proper use of skateboarding equipment and basic terminology. This lesson will also highlight basic tricks for more advanced participants.

**Activity #:** 1521-307  
**Dates:** Sep. 9 - 23  
**Days:** Sat.  
**Location:** Handloff Park

**Fee:** \$90 **RDF:** \$75  
**Hours:** 9:30 - 10:30 a.m.

## THRASHERS (INTERMEDIATE) SKATEBOARDING CLASS

### AGES 13 & OVER

For the skater with more than one month of skateboarding experience and can demonstrate board control and confidence with speed. During the lessons, Thrashers participants will focus on learning new tricks such as drop-in's and ollies, as well as discuss park etiquette and skateboard maintenance.

**Activity #:** 3520-307  
**Dates:** Sep. 9 - 23  
**Days:** Sat.  
**Location:** Handloff Park

**Fee:** \$90 **RDF:** \$75  
**Hours:** 10:30 - 11:30 a.m.

**FOR UPDATES ON ACTIVITY  
CANCELLATIONS CALL THE  
LEISURE TIME HOTLINE  
(302) 366-7147**